



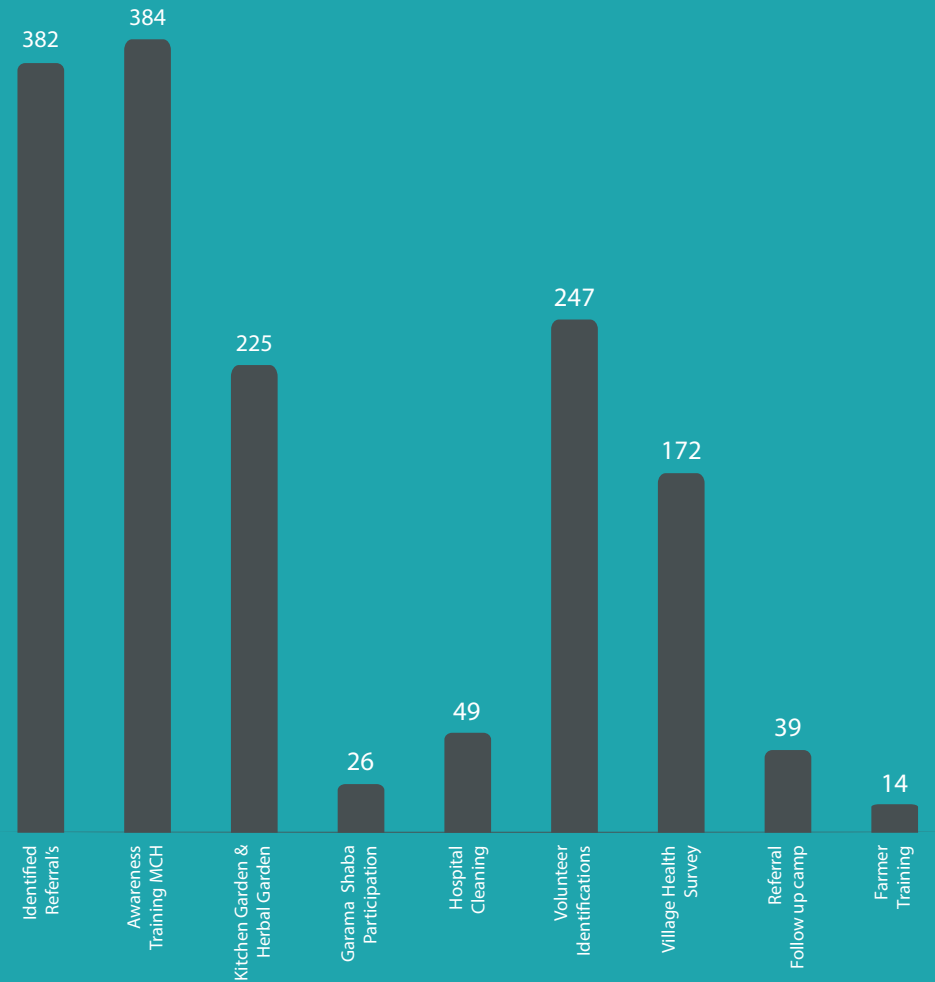
# QUARTERLY BULLETIN

**TAMIL NADU**  
**JANUARY – MARCH 2019**

## HIGHLIGHTS

In the quarter Jan.-Mar.2019, we focused our core activities in 28 districts of Tamil Nadu. Our district coordinators emphasized on- Identified Referrals, Awareness Training, Kitchen Garden, Cleaning Activities, Volunteers Identification, Village Health Survey, Farmers Training Programs, Referral Medical Camps & Gram Sabha participation- among other activities.

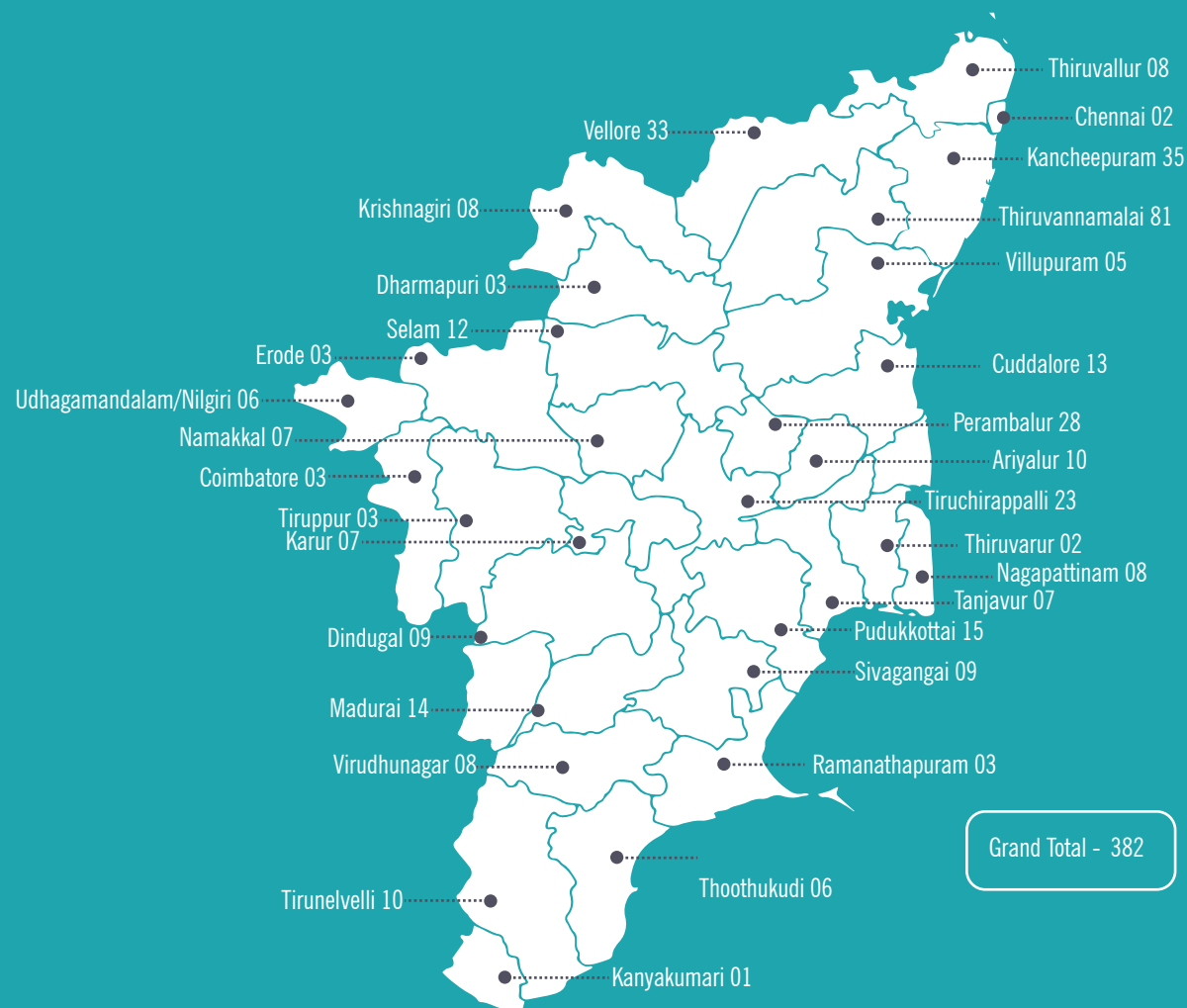
Sl.No	Name of Activity	Jan to Mar 19
1	Identified Referrals	382
2	Awareness Training – MCH	384
3	Kitchen Garden & Herbal Garden	225
4	Gram Sabha Participation	26
5	Cleaning	49
6	Volunteer Identifications	247
7	Village Health Survey	172
8	Medical Referral Camp	39
9	Farmer Training	14
10	Success story	02



**JAN TO MAR 19**

# BAS (BAL AROGYA SURAKSHA) PROGRAM – FUNDED BY EKAM USA

## SAVE A CHILD REPORT – MARCH 2019



## Source of Support

Source of Support	Count
Ekam	10
Ekam and Other Organization	4
Ekam and Govt Insurance	1
Govt Hospital and Govt Insurance	18
Other organisation	32
Private Hospital and Govt Insurance	70
Self Support	64
<b>Grand Total</b>	<b>199</b>

## Current status

Current status	Count
Blood	1
Drug and Injection	4
Equipment	1
Hospitalization	193
<b>Grand Total</b>	<b>199</b>

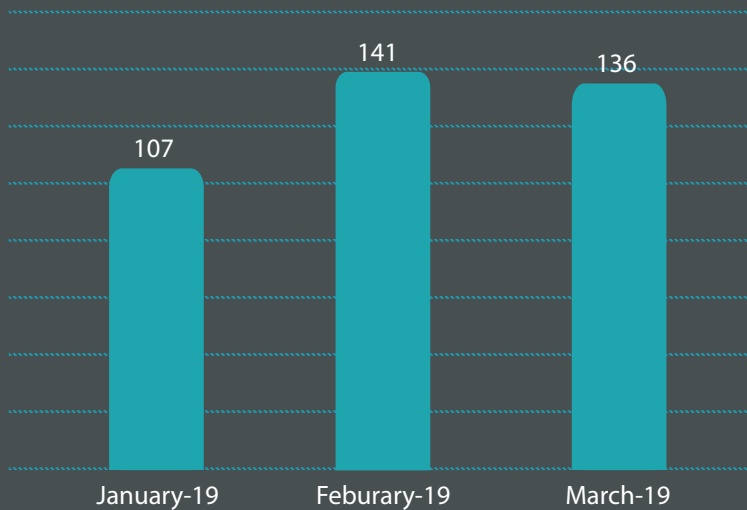
## Disease Category

Disease Category	Count
Blood Disorder	5
Cardiac Disorder	56
Endocrinology Disorder	2
ENT Disorder	13
Eye Disorder	32
Gastrointestinal Disorder	63
Genito Urinary Problem	9
Nuerological Diseases	14
Orthopedic Diseases	5
<b>Grand Total</b>	<b>199</b>

# AWARENESS TRAINING

We conducted the Maternal Child Health Training program for ANC Mothers, ICDS Teachers, College Students, School Children, Nehru Yuva Kendra and general people. In the training, the following topics were covered--: Govt. Schemes – 108, 104; CM Insurance Schemes; Food & Nutrition and Kitchen Garden. Around 16715 people attended 384 such training programs in 28 districts in Tamil Nadu.

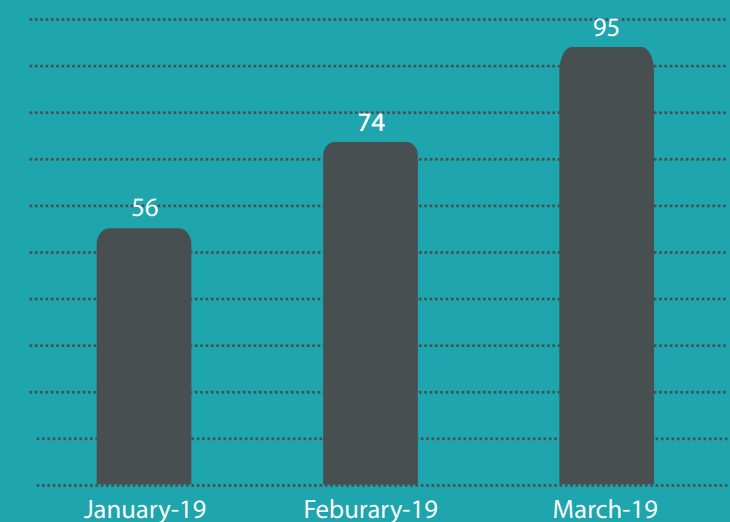
## AWARENESS TRAINING - MCH



# KITCHEN GARDEN IN ICDS CENTRE & SCHOOLS

We started Kitchen Gardens & Herbal Gardens in the ICDS Centers and Schools across 28 districts in Tamil Nadu. This was possible with the support of ICDS Teachers, School Children & volunteers. Around 844 people participated in this project taking shape in 225 places.

## KITCHEN GARDEN & HERBAL GARDEN



## GRAM SABHA PARTICIPATION

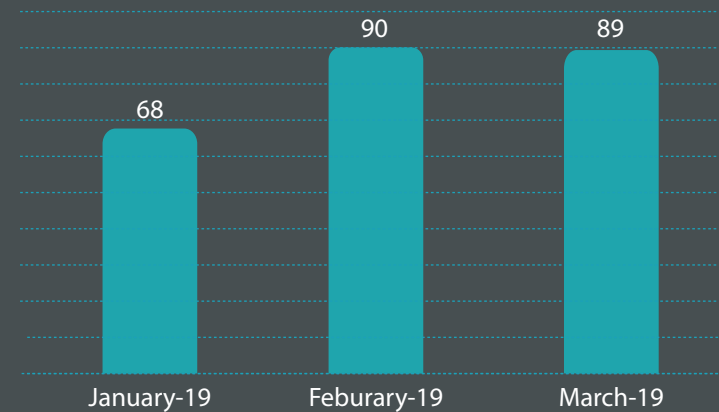
To solve the people's problems and to decide how to use the available resources optimally in ways desired by them; to benefit the poorest in the village through direct democratic and participatory planning, the State government decided to conduct the Gram Shaba in all the panchayats on 2nd Jan. 2019. In this quarter, EKAM participated in the Gram Shaba through the District Coordinators in their home town. We participated in 26 places across Tamil Nadu and covered the agenda -- Administration & Budget, Basic Facilities, Health Awareness, Village Panchayat plan, NRGES Work (100 Days), Infrastructure issues and Natural Resource Management.



## VOLUNTEERS IDENTIFICATION

During the panchayat visit, our District Coordinators identified the interested local volunteers village-wise in all the districts. They then engaged these volunteers in the health and other social activities in their villages and empowered their health knowledge also. In this quarter, 247 volunteers were identified and trained.

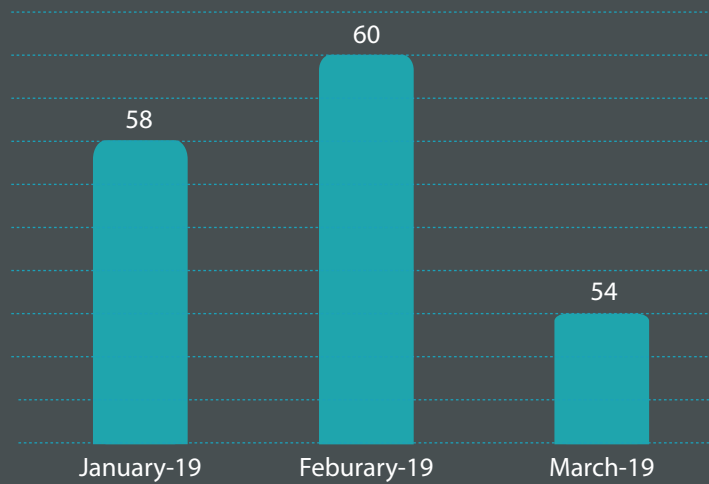
### VOLUNTEER IDENTIFICATIONS



# VILLAGE HEALTH SURVEY

During the panchayat visit, the District Coordinators also collected the data to understand the concern and gaps in the basic requirements in panchayats /district wise. 172 villages were covered in this quarter

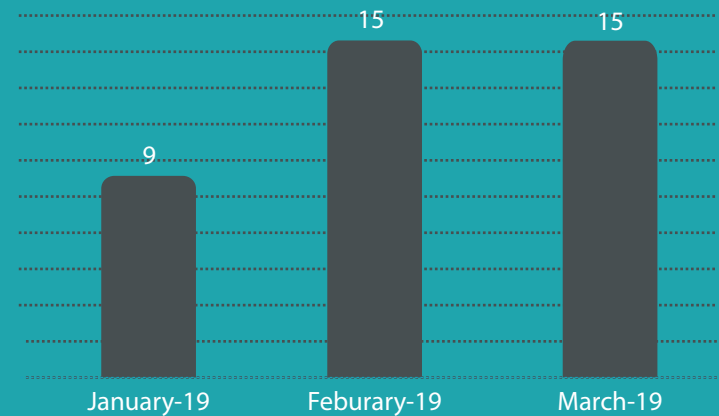
## VILLAGE HEALTH SURVEY



# REFERRAL FOLLOW UP MEDICAL CAMPS

A medical camp was organized for children with Cleft Lip, Palate, Tongue-tie, and Speech Delay problems in DEIC, Thiruvanamalai Medical College. Screening was done by Dr. Vishu Sunder, SRMC & team with support of DEIC Doctors. A total of 56 children participated. Doctors referred 20 Cleft lip palate, 20 tongue tie children & 16 Speech delay children. This camp was organized by Ekam foundation.

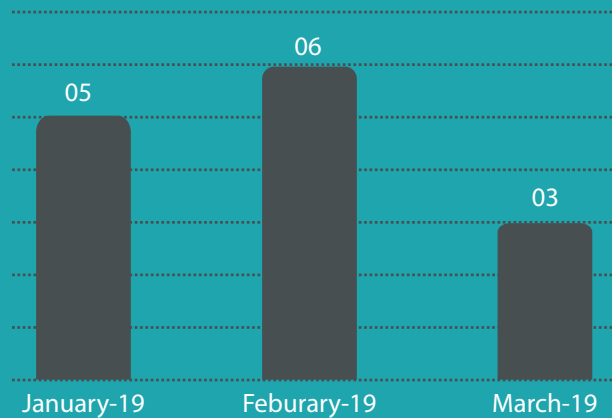
## MEDICAL REFERRAL CAMP



# FARMERS TRAINING

This project intended to change the concept of Natural farming for all the farmers in Tamil Nadu. In this quarter, we conducted the training program for farmers. During the training we covered topics as - natural farming, Muti Corps System, save water. Training was given by local farmer's district wise. In this training we are covered 316 around persons in 14 places in 4 Zones in districts.

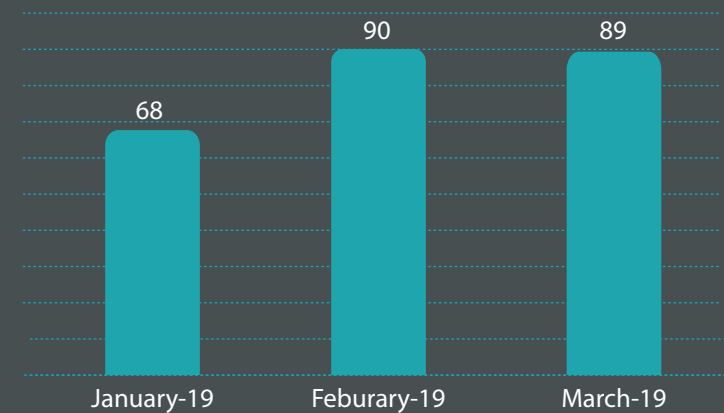
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## VOLUNTEER IDENTIFICATIONS





# DISTRICT COORDINATORS & ZONAL OFFICERS TRAINING

Conducted every two months, this is a training program for the DCOs and Zonal Officers. In Jan.'19, we conducted the Ekam Sustainable wellbeing initiative Model for DCOs and ZO on 28th Jan to 1st Feb 19 at Dhan people Academy, Madurai.

The main objective of the training workshop is to enable trainees to know about SWBI Model with importance of the child & mother well-being activities. Few of the specific objectives of the training workshop are given below:

- 1 Refresh participant's knowledge about SWBI model and their basic concept, indicators and approaches into the community.
- 2 Refresh the change Management workshop for Action Reflection Action in the SWBI.
- 3 Refresh the Child & Mother health training for well-being concern into the SWBI Model.



## SUCCESS STORY

– DHARSHAN

Mr. Veeravagu from Allathur village Thiruvannamalai is a farmer, who takes care of his family with the monthly income of Rs. 4,000/-. His son Master Dhharshan, a 5 years old boy is a known case of Tricuspid Atresia, Normally related great arteries, S/P PA band, Large ASD, Large VSD. He gets regular treatment at MIOT Hospital where the medical team planned for Catheterisation procedure. This procedure was charged at Rs. 25,000/-

Mr. Veeravagu was helpless to afford the treatment cost. Knowing their poor situation the medical team approached Ekam to support child's procedure. With the support of Ekam Foundation, on 19th March, the child underwent the medical procedure without any complications.

Mr. Ganeshan who resides at Srirangam, Trichy worked as a pot seller in their village, due to financial crisis he started working as a security in a private concern. His daughter Dhivya 16 year's old girl had severe fever, nausea, vomiting and loss of appetite on 2/1/2019. Immediately they were rushed to a private hospital, where she had been diagnosed with Acute Appendicitis. The Medical team planned for appendectomy which means removal of the appendix. The procedure was charged as Rs. 60,000/- and Mr. Ganeshan was helpless to afford the procedure cost. Knowing their poor situation, we have approached Abhayam team to support for the girl's treatment. With the immense support of Abhayam team we helped the family to overcome come from the financial burden.

On 2/1/2019 she had successfully underwent the procedure and discharged from the hospital. Now she was completely recovered and living a healthy and normal life.

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THANK YOU