

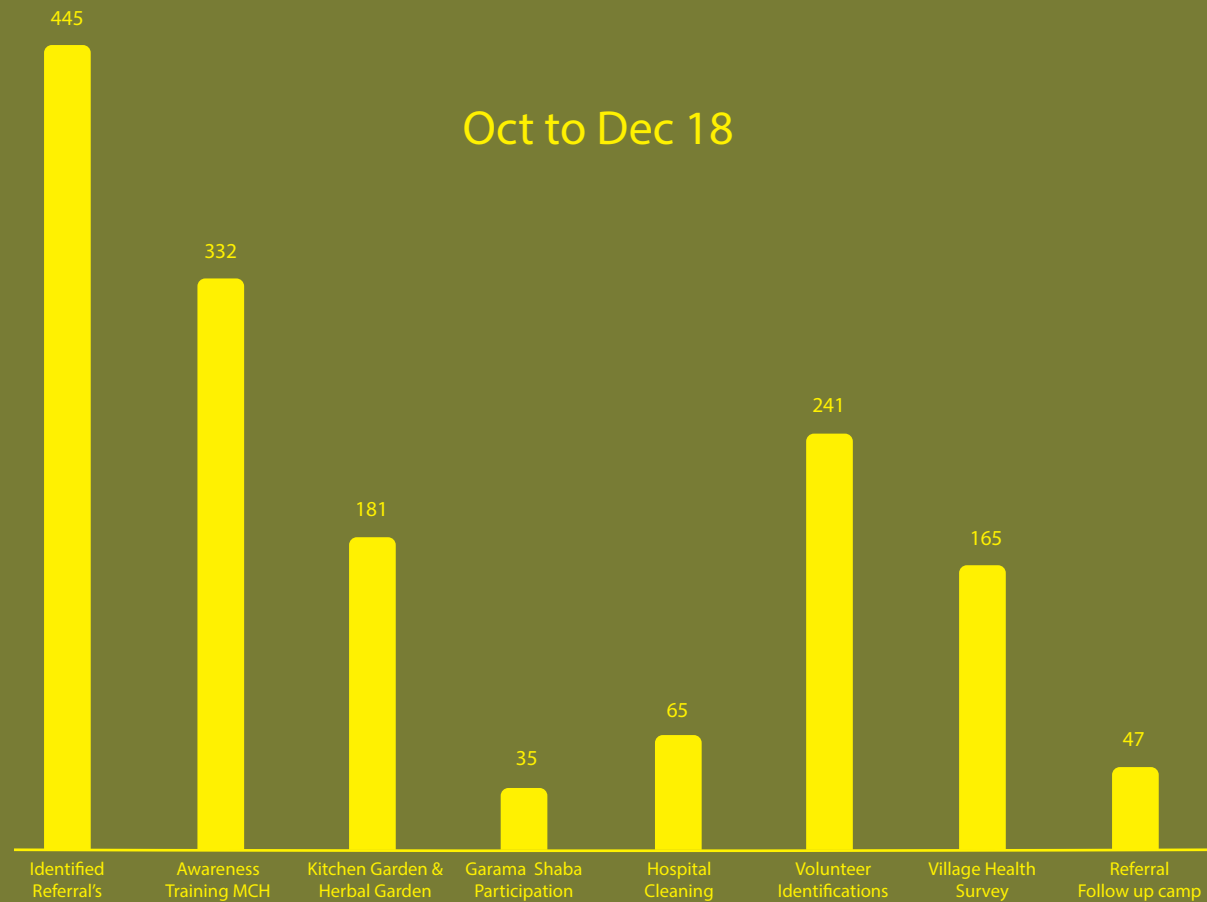


**QUARTERLY
BULLETIN
TAMIL NADU
OCTOBER-DECEMBER 2018**

HIGHLIGHTS

In the quarter Oct.- Dec. 2018, we focused our core activities in 32 districts of Tamil Nadu. Our district coordinators emphasized on - Identified Referrals, Awareness Training, Kitchen Garden, Cleaning Activities, Volunteers Identification, Village Health Survey, Referral Medical Camps & Gram Sabha participation- among other activities.

SL.NO	NAME OF ACTIVITY	OCT. TO DEC.' 18 COUNT
1	IDENTIFIED REFERRAL'S	445
2	AWARENESS TRAINING - MCH	332
3	KITCHEN GARDEN & HERBAL GARDEN	181
4	GRAMA SHABA PARTICIPATION	35
5	CLEANING ACTIVITIES	65
6	VOLUNTEER IDENTIFICATIONS	241
7	VILLAGE HEALTH SURVEY	165
8	REFERRAL FOLLOW UP CAMP	47
9	SUCCESS STORY	02



BAS (BAL AROGYA SURAKSHA) PROGRAM – FUNDED BY EKAM USA

Save a child report – October to December 2018



SOURCE OF SUPPORT PROVIDED	COUNT
EKAM	12
EKAM AND OTHER ORGANIZATION	02
EKAM GOVT INSURANCE AND OTHER ORGANIZATION	01
GOVT HOSPITAL AND GOVT INSURANCE	33
OTHER ORGANIZATION	10
PRIVATE HOSPITAL AND GOVT INSURANCE	51
SELF SUPPORT	22
GRAND TOTAL	131

STATUS OF CHILDREN	COUNT
TREATMENT COMPLETED	49
EKAM	04
GOVT HOSPITAL AND GOVT INSURANCE	03
OTHER ORGANIZATION	08
PRIVATE HOSPITAL AND GOVT INSURANCE	31
SELF SUPPORT	03
TREATMENT INITIATED	82
EKAM	08
EKAM AND OTHER ORGANIZATION	02
EKAM GOVT INSURANCE AND OTHER ORGANIZATION	01
GOVT HOSPITAL AND GOVT INSURANCE	30
OTHER ORGANIZATION	02
PRIVATE HOSPITAL AND GOVT INSURANCE	20
SELF SUPPORT	19
GRAND TOTAL	131

DISEASE CATEGORY	COUNT
BLOOD DISORDERS	8
BONE & JOINT PROBLEM	05
BRAIN, SPINE AND NERVES	11
CARDIAC	58
DIABETES AND HYPERTENSION	02
ENT (EAR, NOSE AND THROAT)	01
EYE	22
KIDNEY & URINARY RELATED	05
ORAL RELATED DISEASES	07
RESPIRATORY/LUNG	05
SKIN	01
STOMACH & INTESTINAL PROBLEM	06
GRAND TOTAL	131

SUPPORTED REQUEST TO EKAM	COUNT
BLOOD	04
DRUG AND INJECTION	06
EQUIPMENT	03
HOSPITALIZATION	116
MRI SCAN	01
MRI SCAN	01
GRAND TOTAL	131

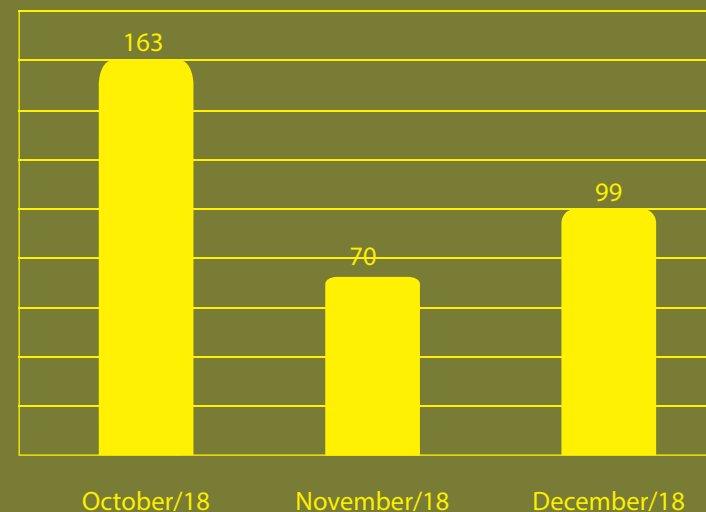


NOTE 5 PRO
AL CAMERA

AWARENESS TRAINING

We conducted the Maternal Child Health Training program for ANC Mothers, ICDS Teachers, College Students, School Children, Nehru Yuva Kendra and general people. In the training, the following topics were covered--: Govt. Schemes – 108, 104; CM Insurance Schemes; Food & Nutrition and Kitchen Garden. Around 11956 people attended 332 such training programs in 28 districts in Tamil Nadu.

AWARENESS TRAINING - MCH

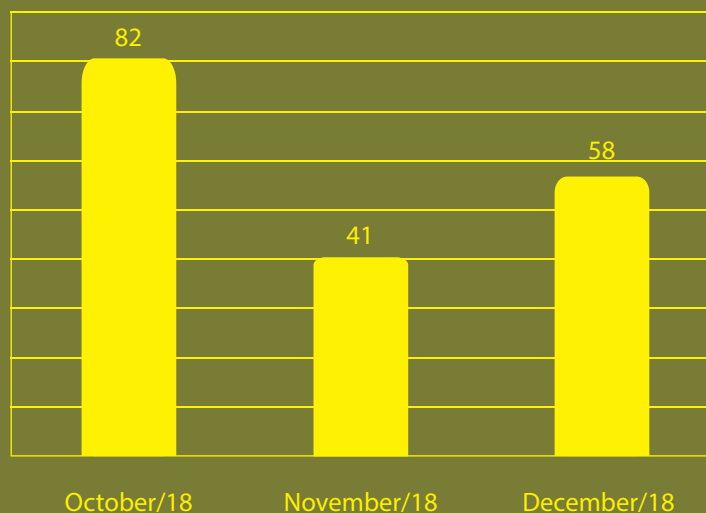


KITCHEN GARDEN IN ICDS CENTRE & SCHOOLS

We started Kitchen Gardens & Herbal Gardens in the ICDS Centers and Schools across 28 districts in Tamil Nadu. This was possible with the support of ICDS Teachers, School Children & volunteers. Around 697 people participated in this project taking shape in 181 places.



Kitchen Garden & Herbal Garden



GRAM SABHA PARTICIPATION

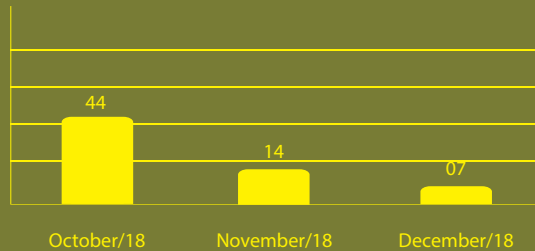
To solve the people's problems and to decide how to use the available resources optimally in ways desired by them; to benefit the poorest in the village through direct democratic and participatory planning, the State government decided to conduct the Gram Shaba in all the panchayats on 2nd Oct. 2018. In this quarter, EKAM participated in the Gram Shaba through the District Coordinators in their home town. We participated in 35 places across Tamil Nadu and covered the agenda -- Administration & Budget, Basic Facilities, Health Awareness, Village Panchayat plan, NRGES Work (100 Days), Infrastructure issues and Natural Resource Management.



CLEANING ACTIVITIES

Our District Coordinators regularly visit all the panchayats in all the districts in the state in which they involve the local people in the cleaning activities in their area. In this quarter, 65 villages were covered with the support of 606 volunteers

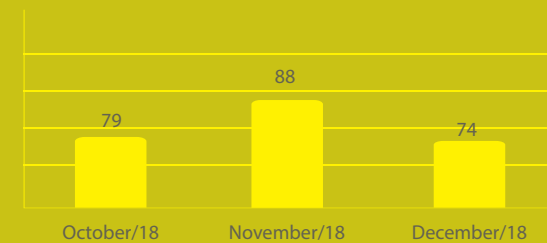
Cleaning Activities



VOLUNTEERS IDENTIFICATION

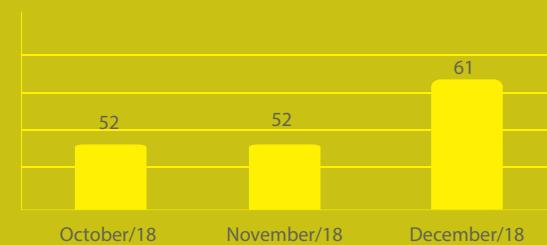
During the panchayat visit, our District Coordinators identified the interested local volunteers village-wise in all the districts. They then engaged these volunteers in the health and other social activities in their villages and empowered their health knowledge also. In this quarter, 241 volunteers were identified and trained.

Volunteers Identifications



VILLAGE HEALTH SURVEY

During the panchayat visit, the District Coordinators also collected the data to understand the concern and gaps in the basic requirements in panchayats /district wise. 165 villages were covered in this quarter.



REFERRAL FOLLOW UP MEDICAL CAMPS

A Referral follow up ENT medical camp was conducted in Manohara Middle School, in which children came from Sella, Madurai. 256 children were screened in total, out of which 52 children were identified for some follow up. Screening was done by Dr. Agawaral Eye Hospital, Madurai. Camp was facilitated by EKAM Foundation.



ROP (Retinopathy of Prematurity) medical camps were conducted for newborn babies in SNCUs in Kanchipuram Govt. Hospital, Chengalpattu Medical College, Villupuram Medical College and Hospital, Vellore Medical College and Hospital, Thiruvanamalai Govt. Hospital and Perambalur Govt. Hospital. This quarter saw screening of 509 newborn babies in all. 24 children were identified for Laser Surgery. These children came from the North & West Districts. The screening was done by Dr. Sharmila, Rathatri Nethralaya Hospital, Chennai. The camp was facilitated by EKAM Foundation.



DISTRICT COORDINATORS & ZONAL OFFICERS TRAINING

Conducted every two months, this is a 4 days Training & 1 day Review Program for the DCOs and Zonal Managers. It is organized for our core training in Chennai and other districts. This time the topics covered were - Save a Child Project Process & Development; Gram Saba follow up and Field Level issues; Volunteers' Identification and Process of Recruitment; and Refresh Sessions of First Aid (Basic Life support). The final day was for review of month of November 2018.



EYE/EAR SCREENING CAMP FOR CHILDREN & MATERNAL CHILD HEALTH AWARENESS TRAINING FOR MOTHERS AT ICDS CENTRES, VYASARPADI -

The programme was organized with the support from Rotary Club of Madras East. The screening camp for October was conducted on 24th Oct 2018 at Sathyamurthy Nagar ICDS centre, Vyasarpadi. Around 40 babies were screened for eye/ear & speech problems by Specialist team from Radhatri Netralaya & MERF (Madras ENT Research Foundation) respectively. 10 of them were found to have abnormalities and were referred to Radhatri (3) & MERF (7) Hospitals. Maternal Child health awareness was given to around 30 mothers from Mullai Nagar & Sathyamurthy Nagar on 23rd Oct 2018 by Specialist trainers from Ekam.

The November screening camp was conducted on 27th Nov 2018 at Samanthipoo colony ICDS centre, Vyasarpadi. Around 30 babies were screened of which 9 were found to have abnormalities and were referred to Radhatri (3) & MERF (6) Hospitals. Maternal Child health awareness was given to around 30 mothers from Samanthipoo colony, Vyasarpadi on 28th Nov 2018 by Community Health trainer from Ekam.



SUCCESS STORIES



When **Mithra** was around 1 year old, she had tetralogy of Fallot (a rare condition caused by a combination of four heart defects that are present at birth). So she had undergone old central shunt in the year 2008. When Dr. Harapriya – consultant Paediatric Cardiologist conducted a screening camp at Thanjavur district, she identified the child and called up for further evaluation at MIOT Hospital for central aorta pulmonary shunt.

Later she was found to have high blood pressure and tumor in the adrenal glands which may lead to overproduce endocrine hormones. Since the Chief Minister Health Insurance Scheme is not available for her, due to the previous heart surgery, the family was helpless to afford the treatment cost. Knowing their poor situation Dr. Harapriya had approached Ekam to support for her hospitalisation. The treatment cost was completely undertaken by Ekam, later she underwent the procedure. She had discharged from the hospital in a stable condition and the medical team had advised for long term follow up with USG Scans.

Rajkumar and Sathya were resides at Kangayam - Tirupur district. In the year 2016 Sathya delivered a female child in a government hospital, who was named as

Rakshitha.

Before Rakshitha was born, her parents were told during a routine prenatal ultrasound that their baby had hydronephrosis, which means that the area of the kidney where urine is collected is enlarged or dilated.

Until the age of 2 the family did not take the child for further evaluation, since the family was financially poor. Unfortunately the child had severe abdominal pain, urinary tract infection and vomiting, so the parents were rushed to city hospital, Erode. Dr. Abul Hassan – Consultant Paediatric Surgeon has planned for Anderson –Hynes Pyeloplasty procedure (the surgical reconstruction of the renal pelvis to drain and decompress the kidney)

This procedure costs Rs. 40,000/- and the family were helpless to mobilize the fund. When they took the child to hospital for regular follow up unexpectedly the father of the child met with an accident. The family members were completely became helpless either to treat the child or his father. Once Ms. Prabha Child Development Project Officer – Tiruppur came to know about the family situation, she referred Rakshitha to Ekam to support for her procedure. We immediately arranged for the procedure and on 7/11/2018 she had underwent procedure and discharged from the hospital without any complications. Now she lives healthy and happy life by continuing regular follow up aside.

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THANK YOU