



# EKAM

## FOUNDATION

### QUARTERLY BULLETIN

# TAMILNADU

### JANUARY – MARCH 2018

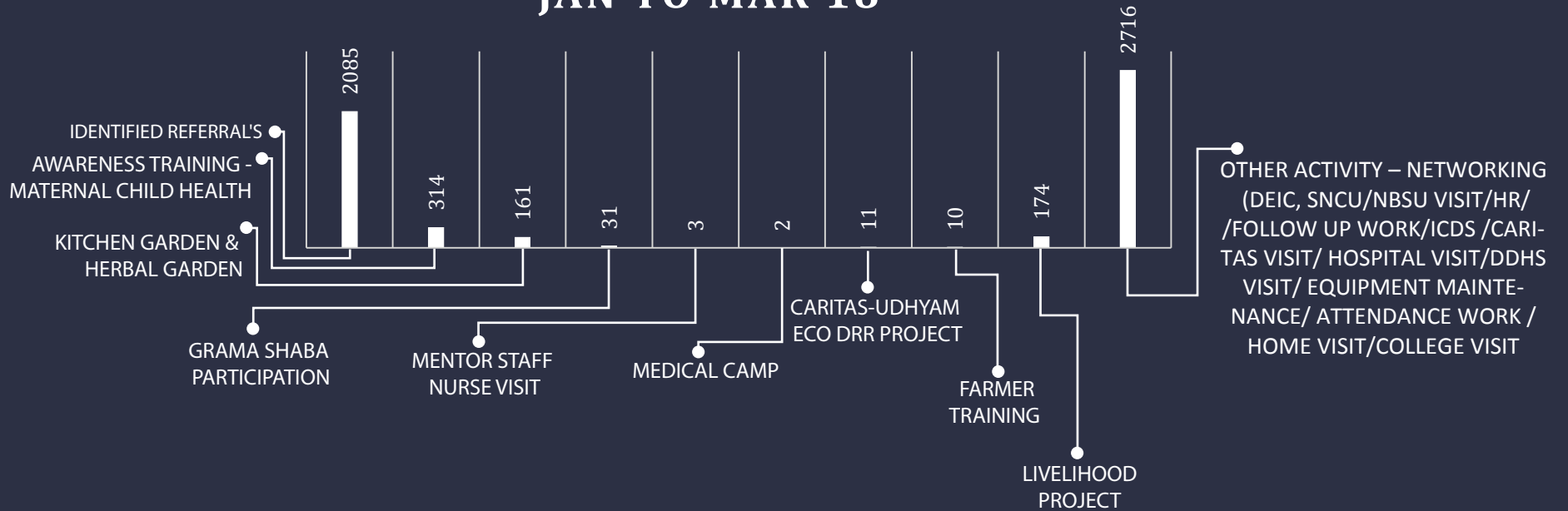


## HIGHLIGHTS

This quarter, we focused our core activities in 32 districts of Tamilnadu. Our district coordinators emphasized on-Identified Referrals, Awareness Training, Kitchen Garden, Gram Shaba participation, Mentor Staff Nurse Visit, Medical Camps, Caritas –Udhyam ECO DRR Project, Farmer Training, Livelihood Project among other activities.

S.NO	CORE ACTIVITIES	JAN TO MAR 18
1	Identified Referrals	2085
2	Awareness Training – MCH (Include Caritas Training)	314
3	Kitchen Garden & Herbal Garden	161
4	Gram Shaba Participation	31
5	Mentor Staff Nurse Visit	3
6	Medical Camp	2
7	Caritas – Udhyam ECO DRR Project	11
8	Farmer Training	10
9	Livelihood Project	174
10	Other Activity – Networking (DEIC, SNCU/NBSU Visit/HR/Follow-up work/ICDS /Caritas Visit/ Hospital Visit/DDHS Visit/ Equipment Maintenance/ Attendance Work /Home visit/College Visit.	2716

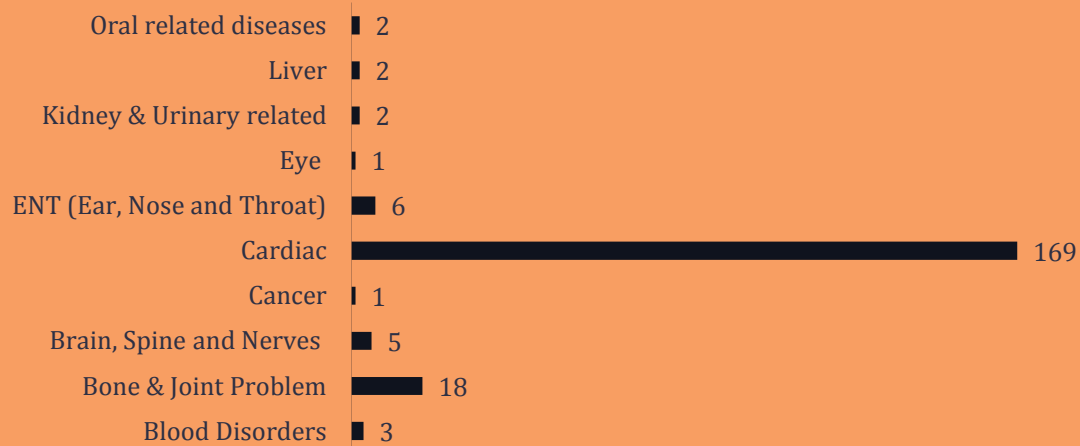
# JAN TO MAR 18



Save a child Report for this quarter (January 18 To March 18)	Count
Overall referrals identified	209
Ekam (Regular medical support)	9
Ekam	13
Govt. Insurance	28
Govt. Hospital	3

Disease Category	Count
Blood Disorders	3
Bone & Joint Problem	18
Brain, Spine and Nerves	5
Cancer	1
Cardiac	169
ENT (Ear, Nose and Throat)	6
Eye	1
Kidney & Urinary related	2
Liver	2
Oral related diseases	2
<b>Grand Total</b>	<b>209</b>

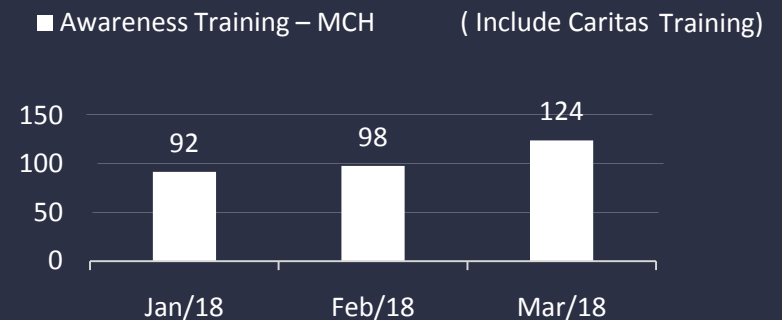
## DISEASE CATEGORY IDENTIFIED IN THIS QUARTER JAN18 - MAR 18



## AWARENESS TRAINING:

We conducted the Maternal Child Health Training program for ANC Mothers, ICDS Teachers, College Students, School Children, Nehru Yuva Kendra and general people. The areas covered included Govt. Schemes – 108, 104; CM Insurance Schemes; Food & Nutrition and Kitchen Garden. Around 15262 people across 28 districts in Tamil Nadu attended these training programs.

### Awareness Training -Maternal Child Health

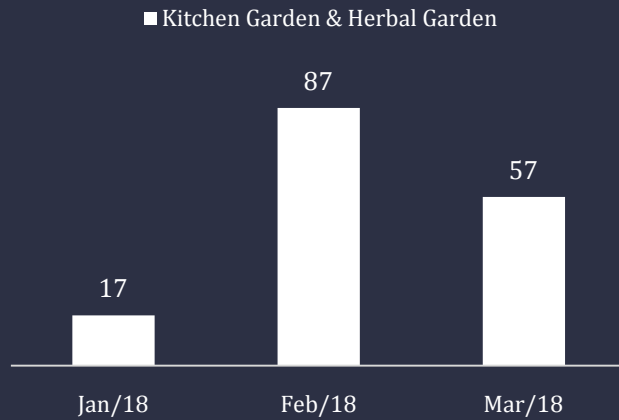


## KITCHEN GARDEN IN ICDS CENTRE & SCHOOLS:

We started Kitchen Garden & Herbal Garden in the ICDS Centres, Schools with support of ICDS Teachers, School Children & volunteers. Around 849 people attended the program in 161 places in Tamil Nadu.



Kitchen Garden & Herbal Garden



## GRAM SABHA PARTICIPATION:

In order to decide how to use the available resources optimally, in ways desired by the people and to benefit the poorest in the village through direct democratic and participatory planning, the State government decided to conduct the Gram Shaba in all the panchayats on 26th Jan 2018 in Tamil Nadu.

EKAM participated in the Gram Sabha through the District Coordinators in their home town. We participated in 31 places across Tamil Nadu and covered

areas like Administration & Budget, Basic Facilities, Health Awareness, Village Panchayat plan, NRGES Work (100 Days), Infrastructure issues, Natural Resource Management.



## REFERRALS FOLLOW UP MEDICAL CAMP:

We conducted Referral follow up medical camp for cardiac children on 17th Feb. and 3rd Mar, 2018 in DEIC, Ooty Government Hospital and Tuticorin Government Hospitals respectively. Around 175 children were screened in total. Screening was done by eminent Paediatric Cardiologists from GKNM Hospital, Coimbatore and Global Hospital, Chennai.

## CARITAS-UDHAYAM ECO DRR PROJECT:

This project works to reduce infant Mortality Rate (IMR) and Maternal Mortality Rate (MMR) in 7 flood affected districts of Tamilnadu namely Kancheepuram, Thiruvallur, Cuddalore, Ariyalur, Selam, Dharmapuri and Vellore.

We conducted Capacity building and training program for VHWSNC's and conducted the MCH Training program for SSS office workers & SHG Members. We covered the topics like Govt. Schemes – 108, 104; CM Insurance Schemes; Food & Nutrition; Kitchen Garden.

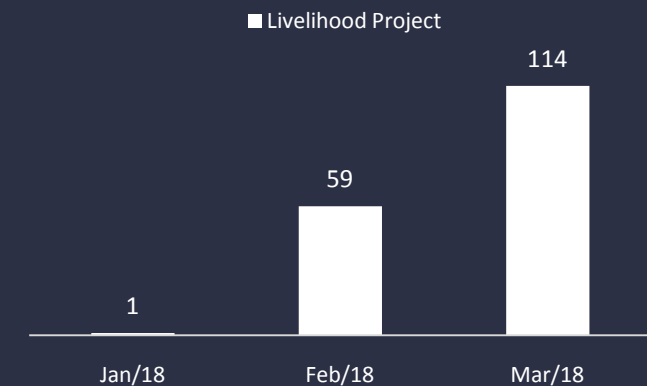


## LIVELIHOOD PROJECT:

Community members who take care of their community's healthcare will be incentivized through livelihood choices.

Supply of Safe and nutritive food to the community through micro enterprises from block level to district level is the action plan. So far we have identified 174 farmers in 21 districts of Tamil Nadu. Once we reach a considerable size of farmers, we will organize meetings and form specific strategies for each district to make the safe and nutritive food reach the local community which is undernourished. It is a preventive health care model.

Livelihood Project



## CARE OF PREGNANT MOTHERS, NEWBORN & CHILDREN:

**This project was Funded by Rotary club of Madras East, Facilitated by Ekam Foundation**



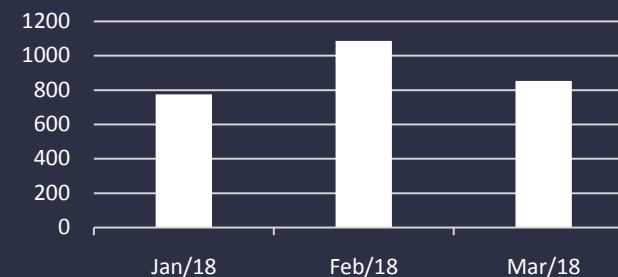
- The scheduled Maternal and Child Health Awareness Training for Mothers & children was held from 29th Jan 2018 to 3rd Feb 2018 - for first 3 days at SM Nagar, S. Boag Road ICDS centre and next 3 days at Kamarajar Colony ICDS centre catering to mothers/children of S. Boag road slum tenements & Kamarajar colony slum tenements respectively. In this training we covered the topics like Body Mapping and Overview of Organs, Registration of Pregnant Women, Janani Suraksha Yojana, Preventing Unwanted Pregnancies, Condoms - An Option for Men. Because of this training around 230 Mothers & their children got benefited.

- In March, the scheduled training program was held from 12th to 17th Mar 2018 for first 3 days at Kama ajar Colony ICDS centre & next 3 days at S. Boag Road ICDS centre under the name of Maternal Child Health Awareness Training for Mothers & children of Kamarajar colony & S. Boag road slum board. In this training we covered the topics like Maternal Health, Women's Reproductive Health, Reproductive Tract Infections (RTIs) in which around 250 Mothers & their children got benefited.

## OTHER ACTIVITIES:

In this quarter, Our District coordinators have been working with all the stakeholders for networking part of activities in the 32 districts of Tamil Nadu.

Other Activity – Networking ( DEIC, SNCU/NBSU Visit/HR/ /Follow up work/ICDS /Caritas Visit/ Hospital Visit/DDHS Visit/ Equipment Maintenance/ Attendance Work / Home visit/College Visit





## SUCCESS STORIES FOR THIS QUARTER:

### Master Lokesh

Master Lokesh, a 10 year old boy is residing at Gudiyatham Vellore. He suffered from Guillain-Barre syndrome (a rapid-onset muscle weakness caused by the immune system damaging the peripheral nervous system) for which he was treated at Institute of Child Health. At the time of treatment he was in need of 30 grams of Immunoglobulin (which is the mixture of antibodies to treat a number of health conditions). The cost of the drug was Rs. 57,000/-. Since the family of the boy belongs to below poverty line his father was not be able to procure the drug. Knowing their poor situation Dr. Kalpana who was treating the child requested Ekam to arrange the drug on emergency basis. Immediately the drug was arranged and supported for the child's treatment. He recovered and was discharged from the hospital and now he is living a normal and healthy life.



### Master Ponvannan

Master Ponvannan from Thiruvannamalai district was diagnosed to have S/p VSD surgical closure, VSD patch intact, Severe Tricuspid Valve Stenosis with GDT 34/21 MMGH, Hypoplastic TV Annulus ATL Doming for which was treated at Madras Medical Mission. He was advised for Tricuspid Valve Replacement – Complex Open Heart Surgery and the cost of the procedure was charged up to Rs. 3, 39,600/-. The father of the boy is an agricultural labourer, who earns a meagre Rs. 5,000/- per month which was insufficient for the treatment. He approached Ekam foundation to seek financial assistance and immediately the appeal was forwarded to Smt. Rajeswari Radhakrishnan Charitable Trust and they contributed a sum of Rs. 50,000/- towards his treatment. He underwent Tricuspid Valve Replacement successfully and is now living a normal life.

# GLIMPSES OF THIS QUARTER





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**Thank You**