



EKAM  
*Annual Report*  
2017-18

## EKAM FOUNDATION

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Designed by **nologo**



## *Vision*

*Healthy and happy children, mothers and communities.*

## *Mission*

*To bring about an improvement in the health and well-being of the community, mother and child by working in the RMNCH+A [Reproductive, Maternal, Newborn, Child, and adolescent health] sector and*

- ◆ *Facilitating life-saving medical treatment to children needing support*
- ◆ *Working with and contributing to an enhancement of service delivery within the Public Health System*
- ◆ *Empowering communities and guiding their decision making*
- ◆ *Building and sustaining a community culture and platform that supports, motivates and encourages people to adopt and maintain healthy lifestyle behavior.*
- ◆ *Fostering healthy partnerships by encouraging a confluence of CCPP [Community, Civil Society Organizations, Public and Private sector]*

## *Values*

*Every activity or program that we do at Ekam draws inspiration from our core values, which serve as our moral compass, guiding every decision and choice. As we march forward towards our vision, the values below define us and our working model.*

*Oneness  
Truth  
Compassion  
Self-Obsolescence*





## *Few words from our founder*

### **Dr. Sailakshmi Balijepally**

#### **Founder & Managing Trustee**

*Greetings!*

*I truly believe that giving with generosity comes naturally to the human spirit. We all have this innate capacity to love unconditionally and to give without expectation. When we give our time, money, physical, emotional support or strength to another in need, it helps connect people and bring them together. To experience that Oneness is one of the greatest joys of life. To me, that is Ekam.*

*Last year was marked with many achievements and unprecedented learnings. We have always believed in a collaborative partnership with the Government. Our faith in the public health system remains strong and has grown exponentially, thanks to the direction of Dr. Darez Ahmed - [NHM MD- Tamil Nadu], Dr. Kolandaiswamy - [DPH- Tamil Nadu], Dr. Radhakrishnan - [Health Secretary of Tamil Nadu], Dr. Girija Vaidyanathan - [Chief Secretary of Tamil Nadu], Dr. Srinivasan - [State IMNCI Coordinator] and Dr. Arasar Seeralar [Director - ICH]. We have been blessed to partner with people who are passionate, quick in decision making and with excellent administrative capability.*

*We would also like to thank our partners and funders with whose support we have implemented some really unique and interesting health programs. Special mention of the Motivation of Excellence*

*[MFE] Team for their support of our program in Tamil Nadu. Dr. Nilima Ragavan and Dr. Shaila Asave from MFE have been instrumental in ensuring that our programs have gathered strength in Tamil Nadu. Our special thanks to Cognizant Foundation, Export Credit Guarantee Corporation of India, Caritas India, Poorvika Foundation, Shree Holdings, Give India, Abhayam, PSBB- K, GNS Foundation, Saradambal Neelamegam Charitable Trust (AVM ENT), Radhathri Nethralaya, Maestro Pte Ltd, Intrust, Future Focus Infotech, Shree Geetha Bhavan Trust and Pradeep Cholayil Trust for supporting our projects in Tamil Nadu. Our special thanks to our patrons Mr. Kumaravel, Dr. Ayesha Sultana, Manohar Raghavan (Singapore) and Mrs. Garima Agarwal, for continuously supporting us over the years. In Chhattisgarh, we have always had the support and guidance of Dr. Prasanta Dash and Dr. Ajay Trakroo who have made our health facility upgradation process a success. NTT Data, our Karnataka partner, has continued to extend its support to us in Bengaluru.*

*To all our advisors, friends, volunteers, supporters and donors- a big thank you for your kindness. Ekam will remain forever indebted to you.*

*What truly moves us at Ekam is the reality that so many kind-hearted people share our vision of an equitable world and are willing to pledge money to back our cause, even in the toughest of times.*



*Our international chapters have supported us through all our ups and downs. Dr. Nilima Reddy, Dr. Shilpa and Mrs. Aruna have been very supportive of all our efforts in the chapter of Ekam USA. I would like to thank each and every member of the Ekam USA team for the spirit of volunteering and giving that they exemplify. We have started our new chapter - EKAM UK, with the support of our trustee Mr Vaikuntanath, Dr. Chakrapani and Dr. Ajay. Happy to share that we will soon be partnering with some very committed individuals and friends in Sierra Leone, Singapore, Malaysia, Canada, Australia and Nigeria. We have plans to start new projects in Andhra Pradesh, Arunachal Pradesh, Uttar Pradesh, Uttarakhand and Telangana. We are currently in talks with potential partners in North, Central India and will be setting up programs there in the near future.*

*Ekam Foundation, Mumbai Branch is closed with effect from 31-3-2018. A separate Trust has been formed by Mrs. Ameeta Chatterjee, in the name of Ekam Foundation Mumbai with similar vision, initially with my assistance. Subsequently, considering the likely conflict of interest and legal complications, I have officially resigned from Ekam Foundation Mumbai Trust. Ekam Foundation Mumbai Trust has been requested to rename their trust name to avoid any conflict of interest.*

*In the spirit of Ekam – Oneness,*

*With Love,  
Sai*

*While we experienced great joy in working in the community, we have remained experimental in our strategies with a clear focus on our vision - Providing the Right to Health for every child. In 2017-18, we have adopted interesting interventions which focus on sustainable and holistic development. Our agenda for the next year is to work towards the overall well-being of the community, thereby benefiting the mother and the child. My sincere thanks to our advisors Mr. B.G. Menon, Mr. P.R. Ravindran and Mr. Tilak Shankar for the excellent guidance and mentoring throughout the journey.*

*The Ekam journey has been one of self-introspection and a testament to the ways of the almighty. We have been fortunate to receive help in abundance - be it in the nature of government's support, donations, our dedicated friends, the management, support from our advisors and our volunteers. This has strengthened our belief in the philosophy that nature always responds positively to pure intention! I would like to thank every person who supported us, on behalf of Ekam and the children whose lives have been saved due to these wonderful people.*





## Mrs. Hemalatha Rajan

### Chairman & Trustee

*As Chairman & Trustee of the Ekam Foundation, it is my privilege to present the Annual Report 2017-18. I am humbled and honoured to work alongside a group of dedicated Trustees and the exceptional leadership team of Ekam which serves mothers and children in India. It has been an extraordinary year, our dreams of pushing boundaries for our children has come through. We have set up projects in 5 states across India. We also have opened Chapters in the USA and UK, all involving well-meaning individuals who work together for the betterment of society.*

*Our outreach teams work tirelessly at the grassroots level to build trust so that we can bring about an improvement in the overall well being of the community. We have made ourselves a promise; that no child will be denied the right to quality health care. As health is intrinsically linked with other factors like education, sanitation, awareness and livelihood, we work within all*

*these areas to ensure a holistic improvement in health. No year is without its challenges, and this one certainly had its share. While some of our programs proved successful, some programs had scope for improvement to deliver better impact. Nonetheless, we have been through difficult seasons before and have learned the importance of remaining disciplined in our philosophy.*

*As we approach 2018/19, it is evident that the stepping stones laid down in the year gone past are part of the incredible journey the Ekam team is embarking on.*

***We remain grateful to all our fabulous donors for making such a difference in our children's lives. A heart-warming and loving thank you to you all!***

***– Hemalatha Rajan***

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*Why we do  
what we do*

# Health – A state of wellness, not merely cure for illness

Health and well-being encompass much more than focusing merely on physical health, exercise or nutrition. It includes the full integration of physical, mental, and spiritual well-being. The Ekam model includes continuous engagement with the community and focuses on their emotional, spiritual, social and environmental status in addition to their physical wellness. We do this by building and fostering collaborative partnerships with the community, public sector and private sector. Each of our programs is aligned with Goal 3 of the Sustainable Development Goals of the United Nations.



Each year around the world, more than **6 million** children die before reaching their fifth birthday. These deaths can be avoided through prevention and treatment, education, immunization campaigns, sexual and reproductive health care.

Children born into poverty are almost twice as likely to die before the age of 5 as those from wealthier families

## The problem

Under-five Mortality/U5MR\*

39

Infant Mortality Rate/IMR\*

34

Neo-natal mortality rate/NMR\*

24

Maternal Mortality Ratio/MMR\*\*

130



\*No of deaths per 1,000 live births: Source [SRS 2016]

\*\*No of deaths per 1,00,000 deliveries: Source [NITI AAYOG 2016]



## The Year Gone By [2017-18]

To achieve our goal, we proudly partner with various state governments to tackle critical health challenges that affect millions of children. In 2017-18, Ekam Foundation worked in 5 states of India, across many projects within the RMNCH+A [Reproductive, Maternal, Newborn, Child and Adolescent] gamut with the view to reduce Infant Deaths.



**892** children referred for support



**677** Children provided with direct medical support



**300+** eye surgeries conducted for adults



**535** staff nurses and 4 mentor nurses recruited and placed in government hospitals



**16** Doctors recruited and placed in government hospitals



**874** staff nurses and 188 mentor nurses trained



**4,848** people reached out through community mobilisation activities



**912** awareness programs, reaching out to over 47,742 community members





## *Our approach to improved health*

At EKAM, we try to successfully identify gaps which contribute to Infant and Maternal mortality. Each weak spot is addressed very strategically and the outcome is always satisfying



## *Our presence*

### **Reaching out to where we are needed the most**

Ekam not only focuses its efforts on maternal and child health, but also works to integrate other areas, including food and nutrition, community empowerment, sanitation, hygiene and more; so that we can reach the most vulnerable populations with the services they need to live healthy, fulfilling lives. To achieve this goal, we partner with various state governments to tackle critical health challenges that affect millions of children. In 2017-18, Ekam Foundation worked in 5 states of India, across many projects within the RMNCH+A gamut with the view to reduce Infant Deaths.



TAMIL NADU



KARNATAKA



CHHATTISGARH



TELANGANA



MAHARASHTRA



# Partnerships

## Because, together, we can do much more

Ekam has always believed in maintaining collaborative partnerships. Successful and sustainable programs need strong partnerships between the public sector, the private sector, the civil society and the community. Formed on common principles, values and trust, these partnerships place the community at the centre and heart of our programs.



### TAMIL NADU

- Motivation for Excellence team
- National Health Mission
- IMNCI
- Directorate of Public Health
- TNHSP
- ICDS
- Cognizant Foundation
- AVM ENT Foundation
- MERF
- Lister Technologies Foundation
- Export Credit Guarantee Corporation of India (ECGC Ltd,)
- United Way of Chennai
- Caritas India
- FOGSI , NNF, IAP
- Abhayam
- SRMC
- Radhatri Netralaya
- Saveetha Medical College
- GKNM
- Intrust
- KKCTH
- Fortis Malar Hospital
- MIOT Hospital
- Apollo Children's Hospital
- AMS Equipments
- Parveen Travels
- Synergy & Naandi Foundation
- Sooriya Hospitals



### MAHARASHTRA

- ICICI Foundation
- Municipal Corporation of Greater Mumbai
- Thane Municipal Corporation
- Indian Academy of Paediatrics (IAP)
- B.Y.L. Nair Charitable Hospital
- Fortis Hospital
- KEM Hospital
- Kokilaben Dhirubai Ambani Hospital
- HT Parekh
- Goldman Sachs
- Aditya Birla

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### CHHATTISGARH

- National Health Mission
- Directorate of Public Health
- UNICEF Office Of Chhattisgarh
- AIIMS



### TELANGANA

- Koti Maternity Hospital
- Directorate of Medical Education
- National Health Mission



### KARNATAKA

- NTT DATA
- Vanivilas Hospital
- Rangadore Memorial Hospital
- Sharada Eye Hospital





## Major initiatives

### 1. Save a Child Program

No child should be denied the right to health care, under any circumstance - this is the key mantra of Ekam. The thin line between life and death is one which is very often dictated by the availability of resources. Dealing with life-threatening illnesses and medical situations in children is a harrowing and daunting experience for any parent. Out-of-pocket expenditure and the inability to pay for treatment add to their existing woes, thereby adding to their distress.

The 'Save a Child' program works to reach out to and provide medical support to any child who needs us!! Our team works round the clock to ensure that every child who is referred to us is treated in a caring & respectful environment. We begin by identifying children needing support, facilitating

their treatment [Including any expenses] till their discharge, counselling the parents/guardians and following up with the families post discharge to ensure they comply with the doctor's advice.

While always ensuring that the right thing is done for the child; leveraging existing resources within the public health facilities is Ekam's priority at all times. Effective utilisation of insurance schemes and services provided by the government is one of our key focus areas. In 2017-18, we supported 677 children through the 'Save a Child' project, moving us one step closer to our vision.

486

Tamil Nadu

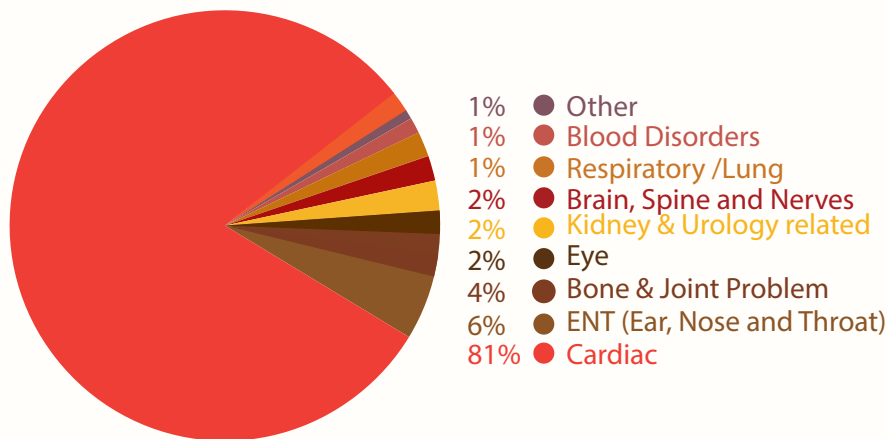
169

Maharashtra

22

Karnataka

## Typical Causes for Referrals



### TAMIL NADU

Supported:

4

2

479

1

Referral Types : Drugs and Injection      Equipment      Hospitalization      MRI Scans



### MAHARASHTRA

Supported:

159

10

Referral Types : Hospitalization      Medicines



### KARNATAKA

Supported:

22

Referral Types : Treated

## 2. BALA AROGYA SURAKSHA



The Bala Arogya Suraksha or the BAS project is aimed at building a model to strengthen the quality of maternal and child health care by encouraging local governance and social accountability. Simply put, the Bala Arogya Suraksha is a program which focuses on preventive approaches to challenging situations which affect the health of the child and the mother. Working parallelly on overarching areas within the Public Health facilities as well the community is our modus operandi to address any identified areas of concern. The main focus is on improving community well being, happiness and health.

## A. HEALTH FACILITY UPGRADATION

Ekam works with the Public Health system to augment care delivery to needy children. By doing what we can to support any requirement in government hospitals, the impact, scale is much more and sustainability is ensured. Our aim is to complement the government and not replace it. We do this by

- Supporting the recruitment of staffs like nurses, doctors, data entry operators etc
- Providing trainings to nurses and doctors
- Building mentor trainers as part of a Training of trainers model
- Conducting microbial surveillance to counter infection related deaths
- Repairing and maintaining of equipment in newborn ICUS
- Setting up Help desks in outpatient rooms to manage crowds and provide counselling to patients

### PERFORMANCE DURING THE FINANCIAL YEAR 2017-18

	 TN	 MH	 CG	 TNG	TOTAL
 STAFF NURSES RECRUITED	450	0	228	0	678
 STAFF NURSES TRAINED	450	327	86	11	874
 DOCTORS RECRUITED	0	0	16	0	16
 DOCTORS TRAINED	0	0	13	0	13
 MENTOR NURSES RECRUITED	0	0	4	0	4
 MENTOR NURSES TRAINED	184	0	4	0	188
 DATA ENTRY OPERATORS	0	0	10	0	10
 HELP DESK STAFF RECRUITED	0	0	0	2	2
 MICROBIAL SAMPLES COLLECTED	0	0	259	0	259
 EQUIPMENT FUNCTIONALITY%	NA	NA	99%	NA	99%
 PATIENTS COUNSELLED	0	0	0	45,770	45,770



## HUMBLED TO KNOW WE ARE HEADING IN THE RIGHT DIRECTION – TEAM CHHATTISGARH STANDS TALL!

Ekam in Chhattisgarh is a key milestone in our 'Oneness' journey. The Chhattisgarh story celebrates the success of a tripartite collaboration - the Government of Chhattisgarh, National Health Mission, UNICEF and Ekam. The project was for a period of 1 year starting from Oct 2014- Dec 15 with an initial target of 13 SNCUs. The partnership was a huge success resulting in operation of 13 SNCUs. The agreement was extended for two more years and today, post evaluation, the project has been scaled up and EKAM supports 18 of the State's SNCUs that run to full capacity.

The once high NMR and IMR rates have reduced drastically – although the war is

not over yet and there is much to be done. This has been achieved through a holistic approach to improved quality of care in SNCUs, support in recruitment of nurses, training of SNCU staff, upkeep of equipment and an aggressive combat against infections via microbial surveillance. Leveraging technology, 24/7 monitoring of equipment upkeep has been possible using online software for Equipment maintenance which captures the data of break down call, preventive maintenance of engineers & downtime. To deal with high rate of infections, Ekam tied up with the Dept of Microbiology AIIMS Raipur.

## Ekam has several breakthroughs to its credit

- ◆ The setting up of Skill labs and MCH (Maternal and Child Health) training Centres
- ◆ Equipment maintenance of non warranted equipments, end user training and SOPs regarding usage of equipments to doctors and nurses
- ◆ Supporting MCTS (Mother and Child Tracking System) in tracking every mother and newborn post discharge and follow up in the community
- ◆ Implementation of RBSK (Rashtriya Bala Swasthya Karyakram) programme in setting up DEICs (District Early Intervention Centres) and identifying referrals
- ◆ Implementation of RKSK (Rashtriya Kishori Swasthya Karyakram) and reaching the youth of the community
- ◆ Facilitating Child and Maternal death reviews and prenatal audits.

A much lauded intervention is the implementation of Mentor Nurses and Supportive Supervision programs at all levels (Building Certified nurse Mentors across the State). The team is also exploring a model to create mentors from Community based institutions and Youth. They will identify the gaps in the facility and community and be a bridge between facility and community.

## B. ONE WITH THE COMMUNITY

Promoting the well being of the community is of paramount importance to ensure sustained health, both of the mother and the child. This year, we focused on areas which improve the gross community happiness. As health is closely related to other socio-economic and developmental indicators, our approaches in the last year have broadened to focus on areas of nutrition, food, sanitation, livelihood and education.

### I. EARLY REFERRAL AND IDENTIFICATION OF ILLNESSES

While we continue to promote early referrals by conducting screening camps, we have also tied up with the DEIC [District Early Intervention Centres] of the Central Government's RBSK scheme, thereby ensuring timely treatment.

**REFERRAL CAMP:**

15

1340

**ACTIVITY: NO. OF CAMPS**

**NO. ATTENDED**

### II. PROMOTING HEALTH AWARENESS & BUILDING COMMUNITY CONNECT

Building community institutions, empowering them with knowledge and awareness, sensitising them and encouraging them to take ownership of their local health issues, promoting self and local governance is our plan to achieve and ensure holistic health. Topics include Maternal and Child Health, General Health, Info on Govt Health Schemes, Basic Life Support, Water Management, Sanitation, Nutrition, Yoga, Meditation and many more.

Ekam not only focuses its efforts on maternal and child health, but also works to integrate other areas, including food and nutrition; community empowerment; sanitation etc, so that we can reach the most vulnerable populations with the services they need to live healthy, fulfilling lives.



## TAMIL NADU

COMMUNITY MOBILISATION ACTIVITY	NO. OF ACTIVITIES	REACH
Herbal & Kitchen Gardening	168	3,838
Hospital Cleaning	34	385
Farmer Trainings	13	376
Livelihood Activities	56	247
Awareness Camps	912	47,742

## KARNATAKA

In Karnataka, we partnered with Sharada Eye Hospital to screen patients and conduct eye surgeries for needy patients. 300 surgeries for adults were conducted by supporting the community with what they really require, we have ensured that we have built and cemented a long lasting sustaining partnership, one which will help us work with them towards improving their health and happiness.

### III. DEMOCRATISING THE GOVERNANCE PROCESS

Encouraging the community to take the first step towards local health governance is a long process, which includes continuous dialogue, participation and mobilisation activities. The emphasis is on promoting self-introspection and work on themselves, in order for them to be able to want to do more for and contribute to their brethren.



### 3. INSPIRING RESEARCH IN ACTION

Our interventions and learning on the field transform every day with the way we understand, treat and prevent the causes of child and maternal illnesses. The Prajna Knowledge Research and Teaching Institute is a consortium of trainers and experts in medicine, public health, research and social sector. Together, we work to provide evidence based solutions to the problems we identify on the field. Regular social audits and interactions are planned to understand the impact and effectiveness of our programs on the community. Any gaps identified will be regularly communicated to the team, our strategies tweaked immediately and our interventions reframed to suit program effectiveness, thereby ensuring maximum impact.

### TECHNICAL ADVISORY COMMITTEE

We have a technical advisory committee to advise Ekam Team on technical aspects. The committee members in Chennai, India, meet once a month and the Ekam team presents their projects and seeks inputs from the advisers. For members outside of Chennai, we share the presentations/proposals by mail and meet on Skype as and when needed. On a monthly basis we (Project Staff) meet Dr Saradha Suresh (Senior Paediatrician, former Director of ICH & HC, Chennai), Dr Seetha (Senior Paediatrician, Former Professor in ICH & HC, Chennai), Dr. Arasar (Paediatrician, Director of ICH & HC, Chennai), Dr Padmapriya (Neonatologist, SIMS Hospital, Chennai), Dr. Srinivasan (Registrar- ICH & HC, Chennai) for discussions on Project Proposals, Report Templates and Project Documentation. They guide us on road maps and project pathways based on their good will and rich professional experience in the field of Child health.



### 4. EKAM USA Chapter

The EKAM USA chapter has been one of the key stakeholders in promoting our work outside India. Well-meaning friends and individuals in the USA have joined hands to support Ekam's work in the USA. Funds and resources are mobilised and contributions made to Ekam's programs in India. Currently, there are 12 chapters in the USA.

The US chapter also engages doctors and medical professionals from various specialties and offers collaborative training programs for health staff in India, offering them opportunities for mutual learning in the medical arena.

A project called the Ekam Youth Ambassador (EYA) Program was set up wherein young adults and children devote their time, energy and resources to our cause. Each youth chapter or group of youth is attached to one district in India and works towards the betterment of that particular district in collaboration with Ekam field staff. The 'Adopt your village' initiative also acts as a platform to sensitise well-off kids on the as-is situation back in India, offering them varied opportunities to connect with their roots. They also explore local service activities and coordinate as per their schedule and available opportunities.







## Success stories

### SAVE A CHILD



#### **BABY KATHIRAVAN**

**Tamil Nadu - Prompt Cardiac Care saves heartbreak for labourer couple**

Karpoora sundarapandiyan and his wife were shattered when they heard the news which they could barely understand – their child had a serious heart problem. Kathiravan, their 6 month old son was diagnosed with Truncus Arteriosus, for which he was being treated at the Government Rajaji Hospital- Madurai.

A labourer from Ramanathapuram district working on daily wages, the father's first thoughts were about how to find the means to save his child. He could only understand that the problem was serious and many tests were required. Since he required further evaluation, the treating doctor had referred the child to Ekam for his further treatment.

Being an emergency, the child was immediately shifted to G.Kuppuswamy Naidu Memorial Hospital, Coimbatore and Dr. Vijayakumar –Consultant Paediatric CT Surgeon and his team decided on Intra Cardiac Repair with RV-PA Conduit. This was a critical procedure the parents could ill afford – but there was no choice but to go through with the surgery.

The family was helpless and unable to arrange treatment cost, so knowing their situation Dr. Vijayakumar approached Ekam to support with cost of the surgery. Ekam, thanks to its network of benevolent donors, was able to take on a major responsibility for Kathiravan's treatment.

Under skilled hands and supported by kind hearts, the child underwent surgery and was duly discharged, declared fit for a normal childhood. Ekam has continued to track his progress and is happy to report that he is a healthy young child now, bringing joy to his grateful parents.







## BABY OF AMSA

### Struggling preterm Baby of Amsa breathes easy now

Ms. Amsa from Ramapuram, Chennai, gave birth to female child at a private clinic. The distressed and breathless baby was categorized under Preterm/Respiratory Distress Syndrome, after which they were referred to a private hospital. The baby was put on Ventilator support in the ICU for 7 days.

Mr. Umapathi, the father of the child, takes care of his family by working as a Tailor. As the only earning member, he could not afford the treatment

cost and resorted to seeking support. He managed to arrange part of the expenses for treatment on his own and then approached Ekam for financial help. Ekam bridged the gap and contributed to the child's treatment.

On 9/10/2017 the baby was discharged from the hospital and now, we are pleased to share that she lives a healthy, happy life.



## BABY DEVA VARSHINI

### The Gift of Life for Baby Deva Varshini



Manikandan & Lakshmi reside in Thirukkalimedu village of Kancheepuram District. On 13/4/2017, Lakshmi gave birth to a female child named Deva Varshini at the Kancheepuram Govt. Hospital, and after 5 days, the baby faced difficulty in breathing and feeding. So she was referred to the Institute of Child Health (Egmore). There, the child was diagnosed with large sub-arterial VSD restricted by RCC causing mild AR, Moderate VSD shunt left to right, VSD gradient 40 mm Hg for which they advised to continue medication for a certain period of time. In the month of October, one of our staff nurses from Kancheepuram District Early Intervention Centre came to know about the health condition of the child.

She referred this child to our District Coordinator Mr. Rudhrakotti and the medical reports were forwarded to Dr. Harapriya – consultant Paediatric Cardiologist from MIOT hospital to get medical opinion.

Deva Varshini was later evaluated and recommended a very complicated but much needed procedure to repair the valves of her heart. The cost for the procedure could not be afforded by the family (whose total income per day was less than 100 Rs). The concerned parents did not know what to do and explained their plight to the consultant doctor who approached Ekam and asked her to support part-costs of the treatment so that the child could undergo the emergency procedure without further delay. Ekam immediately arranged for the procedure to be conducted and raised money through our contacts. On the 8th of December 2017, the child was admitted for the surgery.

The procedure was a huge success and Deva Varshini was discharged without any complications. Her parent's joys knew no bounds when they saw the smiling child, free of pain and illness.



## Chhattisgarh - A gift after 20 years - nurtured out of danger in a Bilaspur SNCU

Lata from Bilaspur district, aged 20 years, gave birth to baby girl after a year of marriage. She had an institutional delivery at a Community Health Centre. The baby was categorized under ELBW (Extremely Low Birth Weight); she weighed 1.32 gm. Baby was born with symptoms of asphyxia, so she was referred to SNCU, District Hospital, Bilaspur. She was

admitted on 28/8/2017 in SNCU. In the unit, doctors and nurses paid special attention to the baby 24\*7 and after 28 days of continuous efforts, the baby's weight increased by 2.00 Kg. Finally, she was discharged on 25/9/2017. All the post-discharge instructions were given to the mother, so that the growth and health of the baby could be tracked and maintained via follow-up process. We feel happy along with the mother since the baby is doing well in her follow-up process.





## KARNATAKA- Provision of equipment to government hospitals

Provision of equipment to Government Hospitals is one of the vital ways through which Ekam reaches out to children. The program is a cost-effective approach to address infrastructure gaps in hospitals, while positively impacting many lives. We arrange the procurement of high priority, life-saving and diagnostic medical equipment that empowers healthcare workers with the tools they need to effectively save lives and provide reliable care. Kidwai Hospital in Bengaluru was one of the recipients of our equipment support program, which was instrumental in reaching out to over 100 babies per month.

### LIST OF MEDICAL EQUIPMENTS

DIAMOND MERCURY BP APPARATUS	10		ANEROID MERCURY FREE BP APPARATUS STETHOSCOPE	10	
STETHOSCOPE	20		BP APPARATUS	25	
SUCTION MACHINE	6		NEBULISER	5	
DIGITAL THERMOMETER	25		STRETCHERS	10	
SURGICAL BIN 12*10 HQ JOINTED	20		DRUG TROLLEY	10	
OXYGEN FLOW METER WITH REGULATOR	10		NEBULISER PHILIPS ESSENCE	5	

## TELANGANA - EKAM RESPONDS TO THIS CRY FOR HELP

Hospitals are difficult places at the best of times and more so for disadvantaged groups due to lack of awareness and sometimes owing to the presence of touts. Ekam Foundation has set up a "Help Desk" at the Govt., Maternity Hospital, Sultan Bazaar, and Koti in August 2017 to look after the special needs of disadvantaged groups and provides individual attention and personalized services. The team also empowers the public with information and guidance for exercising their rights & duties.

In Telangana, our Help-Desk team is available from 9:00 AM to 4:00 PM at the facility. The first half of the day, the team is in the OP block and the second half of the day, the team goes to IP wards to provide counselling to patients. This year alone, we have solved 39,382 Patient queries in outpatient block and counselled 6,388 at in patient block. Altogether we have reached 45,770 people in the Hospital.



### Tamilnadu - Awareness campaigns save lives

Selvi [name changed] from a village in Tiruvallur District was in labour. The nearest medical facility was 14 km away from her house and the roads were not great. Any attempt to use local transport to reach her to the facility would have been disastrous – there was no time to lose.

Suddenly, a voice from the crowd – in Tamil – roughly translated – “What about that Ekam sister? They said we can call the ambulance for emergency? Who has the number?” There was quick sharing of information and the help arrived in ten minutes, thanks to the Government’s 108 ambulance facility.

We often wonder whether workshops, training and awareness camps are of use to the community. Here was the proof. Our awareness camps, training, our helpdesks, our referrals, ALL come together at the right time, in the right manner.

# *Donor management*

We release regular reports and newsletters to all our donors and associates in order to update them about the status of our activities and initiatives. All reports to donors are accompanied with thank you letters and the mandatory tax exemption certificates. We try not to miss the connect with our Ekam Family by constantly engaging with them and sharing regular updates through our social media pages.



# *The way forward*

A few of us can bring small changes. Some of us can bring impact. Many of us can create magic!! Nothing works better than the community that joins hands for a cause. The concept of oneness is engrained within the Ekam system, our approaches and our interventions. So is the idea of Self-Obsolescence. We know, understand and respect that we cannot do this alone. In other words, we wish to create a self-sustaining wheel of change, which will generate many more thinkers and doers (young and old) who will take charge and inspire action. Our programs for the year ahead focus on creating change agents and innovators on the field. They will be empowered and guided to embrace the idea of active citizenship, pick the baton and ultimately, do what is best for their community's well being, happiness and health.



# Financial Statement 2017-18

## Ekam foundation

### PROJECTS - RECEIPTS & PAYMENTS

DESCRIPTION			
Projects	Opening Balance	Add: Grant Received	Total [Rs in Lakhs]
<b>Chattisgarh Project</b>			
Chattisgarh NHM - Administration Expenses	-	12.16	12.16
Unicef Project - SNCU Equipment Maintenance, Training & Recruitment	2.58	64.96	67.54
Dantewada - Equipment Maintenance, Training & Recruitment	-	69.90	69.90
<b>Tamilnadu Projects</b>			
MFE - Motivation For Excellence	-	77.00	77.00
Rashtriya Kishor Swasthya Karyakaram	0.70	-	0.70
Export credit guarantee corp of India - Govt Hospitals Upgradation	8.63	48.98	57.61
Synergy - Teenage Project	0.28	4.10	4.38
Caritas - Training Programme	-	3.86	3.86
GNS Foundation - Training Programme	-	4.50	4.50
Poorvika Foundation - Equipment Support	-	6.18	6.18
Rotary Club (Slum Training)	-	1.56	1.56
Coginzant Foundation (Equipment Maintenance)	0.18	-	0.18
<b>Mumbai Projects</b>			
Tata Consultancy Services	-	100.00	100.00
Aditya Birla Foundation	25.00	-	25.00
Goldman Sachs India Finance Ltd	30.30	-	30.30
Goldman Sachs Securities P Ltd	37.60	-	37.60
Goldman Sachs Services P Ltd	33.95	-	33.95
<b>FCRA Projects</b>			
Goldman Sachs India P Ltd	38.79	-	38.79
Periamma Foundation	1.33	-	1.33
Coginzant Foundation	0.40	-	0.40
Charitable Aid Foundation American	71.65	5.50	77.15
<b>Total</b>	<b>251.39</b>	<b>398.58</b>	<b>650.09</b>

### LESS: PROJECT EXPENSES

Medical Support Expenses	Equipment Support	Nurses and DOC's Deployment	Training Programme	School Health Programme	Payroll & Administrative Expenses	Total [Rs in Lakhs]	Closing Balance [Rs in Lakhs]
-	-	-	-	-	6.05	6.05	6.11
-	-	70.44	-	-	-	70.44	-2.90
-	-	69.82	-	-	-	69.82	0.08
-	-	40.09	19.00	-	-	59.09	17.91
-	-	-	0.66	-	-	0.66	0.04
6.36	12.57	-	-	-	9.24	28.17	29.44
-	-	-	4.37	-	-	4.37	0.01
-	-	-	4.75	-	-	4.75	-0.89
-	-	-	-	-	-	-	4.50
-	-	-	-	-	-	-	6.18
-	-	-	0.23	-	-	0.23	1.33
-	-	-	-	-	-	-	0.18
100.40	-	-	-	-	-	100.40	-0.40
25.00	-	-	-	-	-	25.00	-
-	-	-	-	26.48	-	26.48	3.82
-	-	-	-	32.86	-	32.86	4.74
-	-	-	-	29.68	-	29.68	4.27
-	-	-	-	37.09	-	37.09	1.70
-	-	-	-	1.33	-	1.33	-
-	0.30	-	-	-	-	0.30	0.10
64.93	-	-	-	-	-	64.93	12.22
<b>196.69</b>	<b>12.87</b>	<b>180.35</b>	<b>29.01</b>	<b>127.44</b>	<b>15.29</b>	<b>561.65</b>	<b>88.44</b>

## EKAM FOUNDATION

Consolidated income and expenditure account for the year ended 31st march 2018

INCOME	2017-18	2016-17	EXPENDITURE	2017-18	2016-17
	[Rs in Lakhs]	[Rs in Lakhs]		[Rs in Lakhs]	[Rs in Lakhs]
Donations	195.10	308.64	Donation Expenses	-	-
Project Grant Income	564.38	-	Medical Expenses	82.87	135.78
Reimbursement - Govt Projects	601.34	799.27	Non Medical Expenses	66.21	117.66
Administrative income from Govt Projects	4.52	6.47	Adminstration Expenses	19.40	-
Other Income	16.81	18.46	Project Grant Utilisation	561.65	-
Sundry Creditors W/ Back	9.40	-	Govt Project Expenses	601.34	806.03
Expenditure of earlier years reimbursed	19.69	-	Rent	1.18	13.90
			Grant Written Off	-	8.31
			Depreciation	1.41	1.97
			Audit Fees	1.20	1.21
			Excess of Income over Expenditure trfd. To Capital Fund	142.24	47.98
PF & ESI of earlier years reimbursed	66.26	-			
<b>Total Income</b>	<b>1,477.50</b>	<b>1,132.84</b>	<b>Total Expenses</b>	<b>1,477.50</b>	<b>1,132.84</b>



## EKAM FOUNDATION

Consolidated balance sheet as at 31st march 2018

(Based on audited results )



<b>LIABILITIES</b>	<b>2017-18</b>	<b>2016-17</b>	<b>ASSETS</b>	<b>2017-18</b>	<b>2016-17</b>
	[Rs in Lakhs]	[Rs in Lakhs]		[Rs in lakhs]	[Rs in lakhs]
Capital account	0.76	0.76	Fixed assets	4.98	2.83
Project grant	88.45	251.39	Loans & advances	28.09	5.83
Loans	23.75	48.65	Sundry debtors	67.93	94.10
Sundry creditors	32.82	71.69	Deposits	0.55	0.25
Outstanding expenses	93.62	118.69	Balances at bank	234.57	342.60
Capital funds excess of income over expenditure	96.78	-	Cash in hand	0.06	0.11
			Capital funds excess of expenditure over income	-	45.46
<b>Total</b>	<b>336.18</b>	<b>491.18</b>	<b>Total</b>	<b>336.18</b>	<b>491.18</b>

# How you can support us



## Donate Now

Every rupee towards our work counts. Ekam's work over the last eight years has developed thanks to the unwavering support from countless individuals and key institutional donors who have partnered with us in our journey to transform lives.

## Cheques in favour of Ekam Foundation

### Full Name of the operator of the account : Ekam Foundation

# 16/19, 2nd floor, Jayalakshmipuram  
1st street, Nungambakkam, Chennai- 600 034.

## Online Transfer

Name of the Bank : Kotak Mahindra Bank Ltd  
Branch Address : Kodambakkam Branch, Sri Sai Building,  
New No. 102, Old no 337, Arcot Road,  
Kodambakkam, Chennai - 600024. Tamil Nadu

Name of the Account : Ekam Foundation - General  
Bank Account No : 6612094826  
MICR Code of Branch : 600485006  
IFSC Code of the Branch : KKBK0000466

## Foreign Donations

Name of the Bank : Kotak Mahindra Bank Ltd  
Branch Address : Kodambakkam Branch, Sri Sai Building,  
New No. 102, Old no 337, Arcot Road,  
Kodambakkam, Chennai - 600024. Tamil Nadu

Name of Account : Ekam Foundation – FCRA  
Bank Account No : 6611898852  
MICR Code of Branch : 600485006  
IFSC Code of the Branch : KKBK0000466  
SWIFT CODE : KKBKINBB

## Tax exemption

: India - 80G USA - 501[C]3

### 2. USA

: Chase Quick Pay/Online to Ekam USA  
Cheque. /Wire Transfer to Ekam USA

### USA ACCOUNT DETAILS

: A/C Name: Ekam USA Inc  
Bank : Chase  
ABA No 021000021  
A/C Number: 858110567  
Routing number 065400137

# Volunteer

Volunteers are the backbone of every developmental initiative. They are the true ambassadors of our undertaking, breathing the ideals of our cause and sensitising people towards our mission. Ekam believes in the spirit, strength and innovativeness of volunteers. To join us in our cause as a volunteer and make a difference, please contact us on 044- 42072785. Every little act counts and we are always looking for volunteers with energy and excitement to get involved in one of our many initiatives. We encourage and invite volunteers who believe in striving towards long term solutions with impact beyond just seeking the satisfaction of doing social work.

## Governance

### BOARD OF TRUSTEES

#### **Dr. SAILAKSHMI BALIJEPALLY – FOUNDER & MANAGING TRUSTEE**

A paediatrician, Dr. Sailakshmi Balijepally works towards reducing child mortality among the most poor by raising their access to quality health care. To achieve this, she links communities, schools, universities, and public providers to public health care in order to build health awareness, enhance health-seeking behaviours and make care inclusive, accountable, and effective. Focusing on neonatal and paediatric care, Dr. Sai involves stakeholders such as local governments, educational institutions, and private providers to address the gaps in public health care. Taking a partnership approach Dr. Sai gained the trust of the government medical system by offering solutions to the biggest problems it is facing. By intervening from within the system and leveraging existing government budgets and schemes, Dr. Sai addresses major governance and management requirements. She is the Founder and Managing Trustee of the Organization. Dr. Sailakshmi is also the recipient of the “Nari Shakthi Puraskar” presented by His Excellency, the President of India in 2015



#### **Mrs. HEMALATHA RAJAN - CHAIRMAN & TRUSTEE**

A Finance professional with over 20 years of experience in Finance, Audit and Executive Search, she is the Managing Director of Ma Foi Educational Services. She holds a Bachelor’s Degree in Commerce from the Nagpur University and earned an FCA degree prior to working as an Auditor. Hemalatha Rajan is the co-founder of Ma Foi Management Consultants Limited and has played a pivotal role in building Ma Foi into an organization which works with passion, integrity, transparency and commitment. She is one of the founding members of Ekam.

## Mr. MUTHUKRISHNAN- SECRETARY & TRUSTEE

Mr. Muthu Krishnan is the General Manager of Integra Cloud. He leads product management and product development. Mr. Muthu brings with him decades of leadership experience in delivering technology excellence, most recently as CEO of Tata Digital Health and previously in multiple senior roles at Athenahealth, including Managing Director of its India operations. He holds a PhD from the University of Texas. He is also one of the founding members of Ekam Foundation.



## Mr. AFZAL – TRUSTEE

He is an inspiring man with 35 years of experience in the Transport Industry. His vivid knowledge leads us to the Asia's first e-ticketing services. His foresight of the market trends and incredible business ethics has contributed many awards and laurels to the company. He has joined as a Trustee of Ekam Foundation in June 2018.

## OTHER GOVERNANCE DETAILS

BOARD MEETING DATE	NUMBER OF TRUSTEES	ATTENDEES
17th June 2017	Mrs. Hemalatha Rajan	Mrs. Hemalatha Rajan
	Dr. Sailakshmi Balijepally	Dr. Sailakshmi Balijepally
	Mr. Muthukrishnan	
05th October 2017	Mrs. Hemalatha Rajan	Mrs. Hemalatha Rajan
	Dr. Sailakshmi Balijepally	Dr. Sailakshmi Balijepally
	Mr. Muthukrishnan	
16th February 2018	Mrs. Hemalatha Rajan	Mrs. Hemalatha Rajan
	Dr. Sailakshmi Balijepally	Dr. Sailakshmi Balijepally
	Mr. Muthukrishnan	



## KEY ADVISORY COMMITTEE

- Mr B.G. Menon - Operations and Projects
- Mr P.R. Ravindran - Finance and Accounts
- Mr Tilak Shankar - Fundraising and Proposals

## TECHNICAL ADVISORS

- Dr Vasantha Nair - Paediatrician [National Medical Director]
- Dr Ezhilarasi – Paediatric Oncologist
- Dr Sathya Jagannathan – Neonatologist
- Dr Saradha Suresh – Neonatologist
- Mr Venkatraman – Medical Equipment Maintenance

## STATUTORY AUDITOR

M/s. Vepa & Co – Chartered Accountants

## LEGAL DOCUMENTS

	REG . DATE	REG. NUMBER	VALID UP TO
PAN	03-08-2009	AAATE3547N	LIFE TIME
TRUST DEED	03-08-2009	434/2009	LIFE TIME
12 AA	24-01-2011	DIT(E).NO.2(616)10-11	LIFE TIME
80G CERTIFICATE	28-03-2011	DIT(E).NO.2(616)10-11	LIFE TIME
FCRA	21-01-2015	075901403	21-01-2020
TAN	17-03-2012	CHEE05588C	LIFE TIME
PROFESSIONAL TAX	12-11-2014	09/110/PE02661	LIFE TIME
PROVIDENT FUND	01-03-2014	TN/MAS/85924	LIFE TIME
GST	13-08-2017	33AAATE3547N2ZK	LIFE TIME

# Contact us

## BOARD OF TRUSTEES

### HEAD OFFICE

#### TAMILNADU

**Address** : No 16/19, 2nd floor, Jayalakshmiapuram  
1st Street, Nungambakkam, Chennai- 600034

**Phone** : 044-42072785

**Helpline** : 9445922333

### BRANCH OFFICE

#### CHHATTISGARH

**Address** : 1st floor, Flat -8, Premkunj, Civil Line, Raipur, Chhattisgarh, 492001

**Phone** : 0771- 4910056

**Helpline** : 9302388881

### PARTNER OFFICE

#### TELANGANA

**Address** : 6-3-668/10/2, First Floor, Durga Nagar Colony,  
Panjagutta Hyderabad,  
Telangana (INDIA) – 500082

**Phone** : 9030984741



## Details of Employees and Consultants of the Organization

1. Number of employees as per salary slab. Table below (for all full time/part-time/ contract/ other staff) as on 31st March 2018

SLAB OF GROSS SALARY (IN RS) PLUS BENEFITS PAID TO STAFF (PER MONTH)	FEMALE STAFF	MALE STAFF	TOTAL STAFF
100000 above	1	0	1
10000-25000	47	64	111
25000-50000	4	14	18
50000-100000	0	1	1
5000-10000	463	6	469
Less than 5000	0	0	0

2. Number of Consultants as per salary slab. Table below (for all full time/part-time) as on 31st March 2018

TOTAL ANNUAL PAYMENTS MADE TO CONSULTANTS (IN RS)	NUMBER OF CONSULTANTS
Less than 5000	0
5,000 – 10,000	0
10,000 – 25,000	4
25,000 – 50,000	0
50,000 – 1,00,000	0

3. Staff remuneration in Rupees as on 31st March 2018

	NAME	DESIGNATION	REMUNERATION (IN RS.) [GROSS YEARLY + BENEFITS]
Operational Head of the organisation: (including honorarium):	Dr.Sailakshmi.B	Founder	4,60,000
Highest paid person in the organisation (staff or consultant):	Dr Shika Agarwal	Program Director	30,00,000
Lowest paid person in the organisation (staff or consultant):	Chetan Govind Sutar	Program Assistant	1,08,000

*Thank  
You*



## *Head Office*

No:16/19, 2nd Floor, Jayalakshmipuram 1st Street, Nungambakkam, Chennai-600 034.

044 - 42072785 | 7823959350 | Whatsapp - 7299002848 | Helpline - 9445922333

ekampro@ekamoneness.org | charles@ekamoneness.org

[www.ekamoneness.org](http://www.ekamoneness.org)