



**ANNUAL
REPORT
2018 - 2019**





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Introduction

EKAM is a non-profit, non-governmental organization that aims at improving the healthcare system of the society in the sphere of maternal and child health. Ekam strives to foster healthier and more equitable society for all children and families. It aims to nurture the community of every single aspect related to health and well-being through various projects. The foundation is firmly driven to alleviate the misery faced by the deprived and under-privileged sectors of the community due to social and economic inequalities through empowerment of the youth and the community with appropriate knowledge.

The beneficiaries include pregnant and lactating women, infants, children of early and late childhood and adolescents from the states of Tamil Nadu, Telangana, Karnataka, Uttarkhand, Uttar Pradesh and Chhattisgarh. It is endeavoring to achieve holistic development of the community by conducting health camps, and training and empowering the community suiting their needs. The founder of the organization is Dr Sailakshmi Balijepalli, a visionary paediatrician and recipient of the prestigious Narishakthi Puraskar award from the President of India (March 2015) for her outstanding contribution towards developing Rural India in the Maternal and Child Health care space.

Vision

Healthy and happy children, mothers and communities.

Mission

To bring about an improvement in the health and well-being of the community, mother and child by working in the RMNCH+A [Reproductive, Maternal, Newborn, Child, and adolescent health] sector and Facilitating life-saving medical treatment to children needing support.

- Working with and contributing to an enhancement of service delivery within the Public Health System.
- Empowering communities and guiding their decision making.
- Building and sustaining a community culture and platform that supports, motivates and encourages people to adopt and maintain healthy lifestyle behavior.
- Fostering healthy partnerships by encouraging a confluence of CCPP Community, Civil Society Organizations, Public and Private sector.

Values

Every activity or program that we do at Ekam draws inspiration from our core values:

Oneness
Truth
Compassion
Self-Obsolescence

Dear Friends of Ekam,

It is my pleasure and special honour to reach out to you all once again, to share the many joys and milestones of the Ekam family -2019.

Ekam is now 10 years old. And these 10 years have been a divine journey that has accumulated a wealth of learning and goodwill; along with friends and network across geography and a global outreach, Ekam continues to grow.

Today, Ekam is not just in Tamil Nadu, our projects extend to over

23 districts in Chattisgarh,

1 - Telengana

2 - Karnataka

1 - Nagaland

During this year , Ekam's dreams received significant support from Ekam USA - with its growing band of volunteers who are selfless professionals who invest personal time and effort to support Ekam's projects in India. Ekam USA has chapters across states from coast to coast. A unique model here is the EYA, as many of you are aware. Ekam Youth Ambassadors, the young children who learn **nishkama karma or seva - service** without personal agenda - selfless giving - from a very young age.

These EYA are supporting Tamil Nadu districts and managing their sponsored projects in a handsome manner leveraging technology and the guidance of parents and mentors. We are proud of them.

This model will soon be in place in other countries too- UK is the newest addition. Canada is already in place and lending support to projects in Telengana. European and Asian countries' representatives and friends of Ekam are exploring the model and enthusiastic volunteers are looking to start up soon.

Back at home in India, we are happy to see our long-term sponsors and donors are continuing their support and even offering to extend across states in India. We owe them our deepest gratitude. Every one of our individual donors, corporate sponsors and philanthropic foundations that extend support is important to us. And we thank them from the bottom of our heart. Elsewhere in this report , you will find an indicative list of donors. We thank them all.

It is with great joy that I share that our recent approach to the Ekam Vision of building healthy communities through sustainable well-being is being widely accepted and backed by support, both from the State governments and independent organizations.

This paradigm shift has its roots in the age old saying, prevention is better than cure. Holistic methods to wellness, and integrated approach to therapies, and alignment with the government's AYUSH program is a key factor that is effecting this change.

Totally in line with this organic growth, Ekam is happy to announce the start of its online Academy - a digital platform to collaborate and share knowledge of many across the globe with all those in the space of healthcare and well-being.

We are delighted that the best professionals in India and across the world have pledged their support to this initiative, which is to be launched soon.

Our band of active volunteers is growing gradually and the energy that they exude is magnetic. We hope to see more and more caring hearts joining Ekam, in the spirit of Oneness.

Our team is growing too. We are happy to welcome more specialists into our dedicated Ekam family.

Our vision in Oneness is firm. Our path is clear and progressive. With the abundant guidance and blessings of the Divine, we have miles to go and more to do.

2020 promises to be a committed journey of service.

**Yours in Oneness,
With love,
Sai.**

**Message from
Dr. Sailakshmi
Balijepally,
Founder & Managing
Trustee**

As Chairman and trustee of Ekam Foundation it is my privilege to present the Annual Report of 2018-19. As always, the dedicated team under the leadership of Dr Sai has worked passionately to make a difference in the lives of many mothers and children.

At Ekam we realise that every single child is precious and our endeavour has been to support the wellness of underprivileged pregnant mothers and new borns with the necessary care. For the last few years , along with this important motive our team at the grassroots have been working tirelessly to improve the overall well-being of the community. We realised that the physical well-being of a child and mother is very much linked to many other factors and our team has been working on various fronts at the community level to create awareness and bring holistic development.

Our projects continue across the five states of India and this year we plan to extend our operations to Andhra Pradesh ,Nagaland and West Bengal. Our foray into US and UK last couple of years to garner support for all our initiatives has been successful because of our large-hearted donors. We have 22 chapters now in US with wonderful people who have supported us hugely in our projects and expansion.

Realising the benefits of holistic development of the community, Ekam in the last year has embarked on interesting programs like creating kitchen garden and herbal garden and participating in the Grama Sabha which truly represent and discuss the needs at the basic level.

The year has been filled with thrilling moments and challenges but the team has kept its spirits high all through to do their best to keep moving towards the vision.

As we set our foot into the new year, we truly believe that we can build on the foundation that has been laid all these years and reach out to a larger community and support them on holistic wellness. We have miles to go and many things to improve but we are confident that the dedicated team will learn from every experience and strive to do their best with the blessings of the Almighty and the forces of nature.

A big “**thank you**” from the bottom of our heart to all our donors without whose support our meaningful journey would not have happened. We are grateful to each and every one who has, in many ways walked with us in this beautiful journey making this a worthwhile experience.

**Message from
Mrs. Hemalatha Rajan,
Chairman & Trustee**

**“It’s not what you look at that matters,
it’s what you see.” -**

Henry David Thoreau.

As one ponders on this profound quote, it becomes important to distinguish between what one ‘looks at’ and what ‘one sees’ – and I am happy to say, that my close association with the Ekam Foundation and its visionary Founder Dr. Sailakshmi, has made it easier for me to understand the deep difference.

We all read the headlines and we read alarming reports. We look at the statistics on infant mortality, maternal mortality – here in India, and the world at large – what we ‘look at’ is possibly scary, and overwhelming. It takes a visionary to ‘see’ the possibilities beyond the numbers and sad picture. Ekam, an NGO in healthcare, I am proud to say, has had that visionary foresight to set its sights high and dream big. To help overcome a world-size problem, one little stride at a time.

Ekam’s mission is to save lives of the most-neediest at their most vulnerable stage of life – neonates and infants. And, the all-important new mothers. It does not stop there – Ekam provides medical support to underprivileged children up to age 19. Is that enough? Today, Ekam is reaching out to mobilise communities that are self-governed and thinking beyond curative solutions.

Ekam’s process innovation - SWBI - or the Sustainable Well-Being Initiative covers all factors that impact good health – hygiene, sanitation, nutrition, integrated medicine – AYUSH – water and more. I am pleased to see the all-round growth of a small team that now has an extended global presence and is growing virtually in leaps and bounds.

The Ekam Annual Report 2018-19 has packed a zillion dreams and deeds into a nutshell. We do hope that this issue inspires many to collaborate with Ekam and support its worthy cause and vision. Because, every kind gesture matters, and every little contribution saves a tiny life.

**Message from
Mr. Afzal, Trustee**

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**Message from
Mr. Afzal, Trustee**

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List of MoUs signed in 2018 -19

Organization	Purpose
UNICEF	Improving Systems for Healthcare Availability
Eicher Group Foundation	To Strengthen of 5 PHCs in Kanchipuram & to improve the status of maternal and child health with in the locations of Kanchipuram.
Sundar Serendipity Foundation	To reduce hidden hunger caused due to multiple micronutrition deficiencies
Bro. Siga Animation Centre	To distribute fortified salt to the community (1000 families)
PSBB-K Charity	Education support
Mathra Marketing	PR Consultant (Web site designing)
Omayal Achi College of Nursing	Training to Nurses
ALERT	Basic Life Support
Samarth	Technical Assistance
Alamelu Charitable Foundation	To undertake facility assessment exercise with in the designated blocks through the chain of referral in project pray as, Gorakhpur.
Fenivi Research Solutions Pvt Ltd.	Consultation services to research activities

WHO WE WORK WITH

We believe successful and sustainable programs need strong partnerships between the public sector, the private sector, the civil society and the community. Formed on common principles, values and trust, these partnerships place the community at the centre and heart of our programs

TAMIL NADU

- Motivation for Excellence team
- National Health Mission
- IMNCI
- Directorate of Public Health
- Tamil Nadu Health Systems Project.
- Integrated Child Development Services
- Cognizant Foundation
- Saradambal Neelamegam Charitable Trust
- Madras ENT Research Foundation (P) Ltd
- Lister Technologies Foundation
- Export Credit Guarantee Corporation of India (ECGC Ltd,)
- United Way of Mumbai
- Caritas India
- Abhayam
- Sri Ramachandra Institute of Higher Education and Research
- Radhatri Netralaya
- Mastrosoft PTE
- G. Kuppuswamy Naidu Memorial Hospital
- IntrustKanchi Kamakoti Childs Trust Hospital
- Fortis Malar Hospital
- MIOT Hospital
- PSBB- K Charity
- AMS Souldions
- Parveen Travels
- Give Foundation
- EICHER Ltd
- Bio vision Medical System
- Rotary Club Germany
- RK Industries Ltd.
- Sunder Serendipity
- Foundation
- Prof.R.M.Trivedi Foundation (USA)
- BSRVR Foundation (USA)
- Global Pragathi (USA)
- The Hans Foundation
- TATA Trust
- Rotary Club of Madras (East)

CHHATTISGARH

- National Health Mission
- Directorate of Public Health
- UNICEF Office Of Chhattisgarh
- Dantewada District Government

TELANGANA

- Koti Maternity Hospital
- Directorate of Medical Education
- National Health Mission

Highlights of SWBI Activities

Awareness Training

The awareness training programme for improving child and maternal health was conducted on a massive scale with 1,277 activities involving an enormous participation of 47,552 people from the community.



Herbal & Kitchen Gardening

In accordance with the AYUSH guidelines, the foundation conducted 669 activities related to setting up of herbal and kitchen garden involving 2,480 people in the schools, anganwadis, ICDS and primary health care centres.



Referral Camp

In the 114 medical camps conducted in 2018-19 in which 7,529 people participated.



Highlights of SWBI Activities

Volunteer Identifications

Ekam also embraces volunteer identification as one of its activities such that appropriate and suitable volunteers can act as ambassadors of Ekam. The foundation identified 705 volunteers in the year 2018-19, who are added to the including list of volunteers to carry out the community transformational activities.



Cleaning

The response of cleaning campaigns has been huge with the participation of 1561 volunteers in 132 activities to improve the hygiene and sanitation of their respective communities.



Grama Sabha

About 110 training programmes have been conducted in the year 2018-19 to empower the community of Grama Sabha and its significance, which is the grass-root level democratic body in village administration.



Highlights of SWBI Activities

Farmers Training

Training on organic farming and marketing of the produce was given to 815 farmers through 31 programmes.



Village Health Survey

A comprehensive health assessment of the villages was conducted through 521 village health surveys which aids in evaluating the health of the village and the current status of the availability of facilities.

Livelihood -Identified Farmers

Volunteers Livelihood Opportunities Training Programs were conducted where 140 farmers participated.



Ekam Youth Ambassador (EYA) Program



The Ekam Youth Ambassador program is a service-based initiative that empowers youth to help build sustainable communities in India through active child and maternal health outreach.

Each Ekam USA local chapter is assigned one district in Tamil Nadu (TN), India in order to learn the Ekam model in its first year. Tamil Nadu serves as a knowledge bank since the Ekam model is successfully operating in its facilities.

Adopt a village:

Adopt A Village Program – EYA (Ekam Youth Ambassador) from each Ekam chapter in USA (United States of America) was assigned one to three villages from a district in Tamil Nadu, India to solve the village problems of village with respect to health, education, sanitation and hygiene through fund raising activities. The aim of this project is creating Communities of Sustainable Health & Development. Ekam team conducted survey in villages, identified the needs of the village prioritising them under Government School needs, Government Primary Health Center needs, Anganwadi centre needs and community needs for water & sanitation. In 2018, Ekam met the needs of five villages in four districts of Tamil Nadu with the help of funds raised by EYA's from four Ekam USA Chapters. The following are the help rendered in the five villages.

ORAPPAM VILLAGE, KRISHNAGIRI DISTRICT

Eleven sets of benches & desks were donated to Government Higher Sec. School, Orappam with the help of funds raised by EYA's of Batan Rogue Chapter.



MARUDEPALLI VILLAGE, KRISHNAGIRI DISTRICT

Sintex Water tank, Water purifier machine, tables & chairs were donated to Government Middle School, Marudepalli with the help of funds raised by EYA's of **Batan Rogue Chapter**.



SORPANANDAL VILLAGE, THIRUVANNAMALAI DISTRICT

Tables, Chairs and Play materials for children (1 to 5 years) were donated to Government Anganwadi Centre, Sorpanandal with the help of funds raised by EYA's of **Charlotte Chapter**.



Ekam Youth Ambassador (EYA) Program

SALAVAKKAM VILLAGE, KANCHEEPURAM DISTRICT

Water Tank (1000 L) was donated to Salavakkam village with the help of funds raised by EYA's of **Midland, Texas Chapter**.



MUNEERPALLAM VILLAGE, TIRUNELVELI DISTRICT

Ten steel Chairs and one Water Purifier machine were donated Government (Panchayat Union) Primary School, Muneerpallam with the help of funds raised by EYA's of Dallas Chapter.



SAVE A CHILD

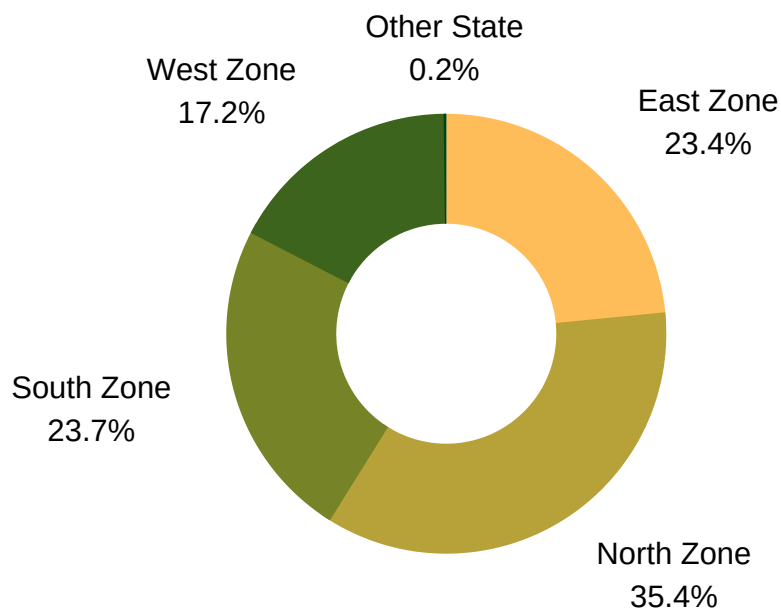
Ekam's SAVE A CHILD project aims towards supporting children within the 0-19 age group who suffer from life threatening health conditions. The scope of the project extends to emergency hospitalization, drug support, investigations etc. Ekam networks with various private and government hospitals to extend immediate support to the children and additionally intervene through necessary lab investigations, medications, hospitalization support etc. All the children are followed up till their date of discharge or further, depending on their health status. This project supports children from all the 32 districts of Tamilnadu, with most cases being referred from Trichy, Madurai, Dindugul, Ariyalur and Villupuram. We also receive referrals from other states in India. The aim of this project is to ensure that no child is deprived of the right to quality healthcare due to lack of resources.

This program is the most resource - intensive portion of the organization. We fulfil this service area through various capacities including:

- Provision of medical equipment, lab support, blood, injections, consumables and medicines to children admitted in government hospitals.
- Referring identified sick children within Government hospitals to our network of private hospitals for further intervention.
- Provision of secondary and tertiary care for children already admitted in private hospitals but not able to afford further treatment.



OVERALL REFERRALS RECEIVED



East Zone

99	Perambalur
93	Tanjavur
49	Ariyalur
37	Tiruvarur
32	Villupuram
20	Nagapattinam
18	Pudukkottai
14	Cuddalore

North Zone

Thiruvannamalai	156
Kancheepuram	99
Vellore	83
Krishnagiri	73
Dharmapuri	51
Salem	37
Chennai	27
Thiruvallur	21

South Zone

Madurai	114
Kanyakumari	63
Virudhunagar	56
Tirunelveli	54
Thoothukudi	39
Sivagangai	21
Ramanathapuram	13
Theni	6

West Zone

Tiruchirappalli	112
Dindugal	41
Karur	29
Namakkal	26
Nilgiri	22
Erode	18
Coimbatore	10
Tiruppur	8

For the year 2018 -19 1541 cases were identified for referrals from 32 districts in Tamil Nadu and 3 cases from other state.

Referrals at a Glance

Treatment initiated
53.4%



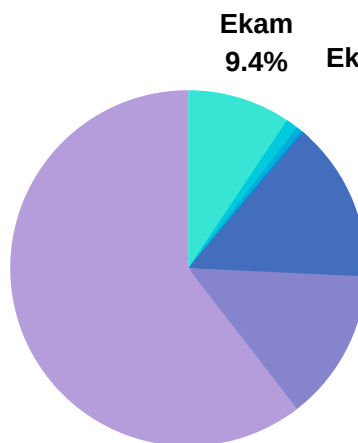
Treatment completed
46.6%

Treatment completed 305

Treatment initiated 349

SOURCE OF SUPPORT

Private Hospital and Govt Insurance
60.5%



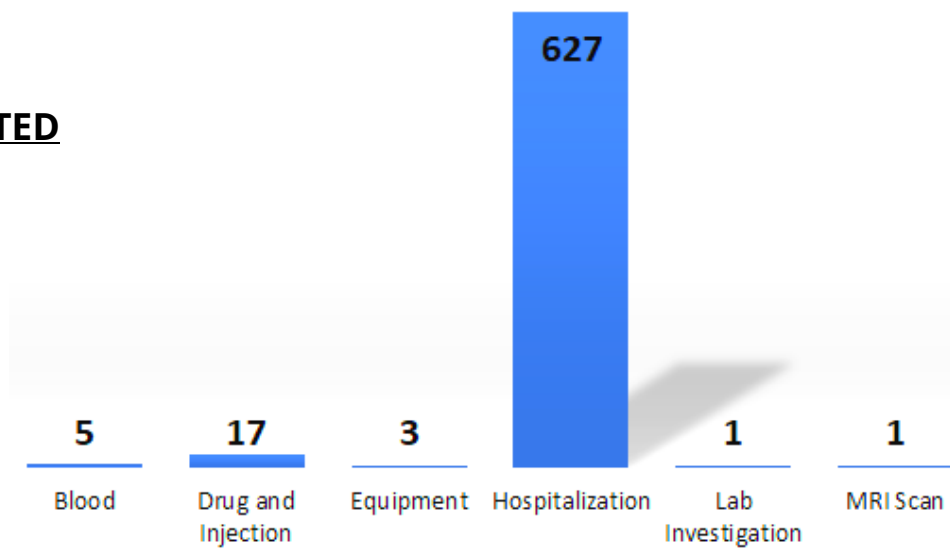
Ekam
9.4%

Ekam and Other Organization
1.1%

Govt Hospital and Govt Insurance
14.5%

Other Organization
13.8%

TYPE OF SUPPORT REQUESTED



5

Blood

17

Drug and
Injection

3

Equipment

627

Hospitalization

1

Lab
Investigation

1

MRI Scan

PROJECT WITH UNICEF



Highlights of the projects thus far:

- 274 nurses have been recruited.
- 23 doctors have been recruited.
- 21 DEOs have been recruited.
- Through regular preventive maintenance visits by engineers down time of equipment has been reduced i.e. 34 hours per equipment.
- At the time of baseline assessment, 89% of equipment was functional. Now this number has increased to 95%.
- Infection control practices have been improved with the help of Microbial Surveillance.
- Antibiotic usage has reduced from 66% to 56% by Patient Sampling

SNCU UPGRADATION IN CHHATTISGARH

In order to improve the condition of infant care delivery in the state, Ekam, UNICEF (Chhattisgarh) and the National Health Mission and the Directorate of Health Services (Chhattisgarh) have come together for a project to upgrade Special Newborn Care Units (SNCU).

The broad areas of intervention in this project are: equipment maintenance; recruitment and training of nurses and data entry operators and microbial surveillance and training.

SNCUs are an important neonatal unit located in the vicinity of the labour room. They provide special care 24x7 to sick newborns and are therefore a critical component of the healthcare supply chain. SNCUs at the district hospital level cater to both inborn and out born sick neonates.

At present 23 SNCUs are functional across 22 District Hospitals in Chhattisgarh - Raipur, Durg, Dhamtari, Bilaspur, Rajnandgaon, Ambikapur, Jagdalpur, Koriya, Korba, Raigarh, Mahasamund and Kawardha. District Hospital

Ekam Karnataka

1. Mobile Women's Health Care

In the state of Karnataka, Ekam executed the 'Mobile Women's Health Care' project in 2018-19. As accessibility and affordability are two major factors that are hindering the delivery of Health care services to the large rural populace of Karnataka. Thus, the project aimed to have mobile units taking the health check up facility to the door steps of the needy. Total Eye check up to diagnose all avoidable blindness issues, critical health parameters for women, breast cancer and cervical cancer, anaemia and other parameters like BP and ECG were the tests provided to rural women. The project is funded by NTT Data systems and Rotary club.



2. Save A Child

In 2018- 19, we supported 23 children through the 'Save a Child' project with the Rangadore Hospital collaboration and with the NTT DATA GDS funding support at Bangalore, Karnataka.

3. Infrastructure support to hospitals

Provision of equipment to Government Hospitals is one of the vital ways through which Ekam reaches out to children. Ekam aims to arrange the procurement of high priority, life-saving and diagnostic medical equipment that empowers healthcare workers with the tools they need to effectively save lives and provide reliable care. Cheluvamba Hospital in Mysuru was one of the recipients of our equipment support program, which was instrumental in reaching out to over 500 babies per month. We have also supported the College Lab equipments to Kidwai Memorial Institute of Oncology-Nursing College in Bangalore with the support from NTT DATA GDS.



The details of projects carried out in Karnataka are presented below

Projects/ Equipment	Numbers
Beneficiaries of Save a Child	23
Equipment Donated to Kidwai Hospital, Bangalore	40
Beneficiaries through donated equipment	405
Equipment Donated to Cheluvamba Hospital, Mysuru	8
Beneficiaries through donated equipment	
· Pulse Oximeters	325
· Infusion Pumps	80
Growth Hormone Injection Support for 6 months	30units/month
Mobile Cancer Screening Van in Bangalore	1

EKAM TELENGANA

Ekam Foundation has set up "Help Desk" at Govt., Maternity Hospital, Sultan Bazaar, Koti in August 2017 to look after the special needs of disadvantaged groups and provides individual attention and personalized services. It also empowers the public with information and guidance for exercising their rights & duties. Help Desk team is be available from 9:00 AM to 4:00 PM at facility. The first half day tem is in the OP block and the next half day team goes to IP wards to give counselling to patients. Every day, on an average about 200 patient queries are answered at OP block and couselling is provided to about 35 patients. Ekam team also conducted a three-day workshop on Change Management for staff.



Ekam team counselling patients in OP and in IP.

PATIENT SERVICES	NUMBER OF PATIENTS
Patients queries/counselled	5,0476
Patients counselled in IP block	7,065

PROJECT WITH COGNIZANT FOUNDATION



PROVIDING EQUIPMENT SUPPORT TO 4 SICK NEWBORN CARE UNITS IN TAMIL NADU DISTRICTS.

Cognizant Foundation has approved a grant of Rs.49,65,492/- towards purchase of critical medical equipment required in the SNCUs of Hosur, Thanjavur, Pudukottai and Mettur. Ekam identified critical equipment gaps and utilized the funds strategically. As a result of this collaboration the SNCUs in the four districts have the necessary equipment to provide respiratory therapy, view the skeletal structure, control the level of bilirubin and monitor the amount of oxygen diffused in the body

Equipment Name	SNCU	Quantity	Uses/ Rationale
Pediatric /Neonatal Ventilator with servo-controlled humidifier, disposable neonatal circuit with accessories	Hosur SNCU	1	Respiratory device for respiratory failure
Bubble CPAP servo-controlled humidifier, blender, disposable patient circuit with standard accessories	Hosur SNCU	1	Respiratory therapy equipment
Bubble CPAP servo-controlled humidifier, blender, disposable patient circuit with standard accessories	Thanjavur SNCU	3	Respiratory therapy equipment
LED Phototherapy	Thanjavur SNCU	3	To control the level of bilirubin and treat jaundice
Pulse Oximeter	Thanjavur SNCU	5	To monitor the amount of oxygen diffused in the body
Sanam CPAP Ventilator	Pudukottai SNCU	2	Respiratory therapy equipment
Digital Portable Xray Machine	Mettur SNCU	1	To view the internal bony structures of our body

MULTIPLE PROJECTS WITH ECGC

Ekam has tied up with ECGC (Formerly Export Credit Guarantee Corporation of India Ltd) on three projects:

1. PROVIDING MEDICAL EQUIPMENT AND CONSUMABLES SUPPORT TO THE SIX GOVERNMENT HOSPITALS IN CHENNAI, ERODE AND DINDIGUL DISTRICTS OF TAMIL NADU.

-INR 116,67,208

Ekam identified the gaps in various hospitals and delivered equipment and mannequins to the same. The vendor provided proper training to the hospital professionals to handle medical equipment. The equipment proved helpful in saving lives of many poor children. The table below gives the data

Equipment Name	SNCU	Quantity	Uses/ Rationale
Pediatric /Neonatal Ventilator with servo-controlled humidifier, disposable neonatal circuit with accessories	Hosur SNCU	1	Respiratory device for respiratory failure
Bubble CPAP servo-controlled humidifier, blender, disposable patient circuit with standard accessories	Hosur SNCU	1	Respiratory therapy equipment
Bubble CPAP servo-controlled humidifier, blender, disposable patient circuit with standard accessories	Thanjavur SNCU	3	Respiratory therapy equipment
LED Phototherapy	Thanjavur SNCU	3	To control the level of bilirubin and treat jaundice
Pulse Oximeter	Thanjavur SNCU	5	To monitor the amount of oxygen diffused in the body
Sanam CPAP Ventilator	Pudukottai SNCU	2	Respiratory therapy equipment
Digital Portable Xray Machine	Mettur SNCU	1	To view the internal bony structures of our body



2. MEDICAL SUPPORT – SAVE A CHILD IN TAMIL NADU. INR 44,55,770



ECGC Direct Medical Support Beneficiaries
Gopi Krishnan & Yamuna Sri

This project helps facilitate medical treatment for children suffering from life-threatening diseases.

Thanks to the funds provided Ekam was able to support

- 35 children with medicines and injection,
- 28 with hospitalization and
- 50 indirectly by procuring ventilators and multi-para monitors for Medical Equipment at RSRM Govt Hospital.

3. SETTING FOUR SKILL LABS IN MADURAI AND THIRUVANNAMALAI DISTRICTS OF TAMIL NADU. INR 15,91,418

The aim of this project is to set up and equip four skill health laboratories as centres of training excellence within Madurai, Thiruvannamalai and Cheyyar Health Unit District in the state of TamilNadu thereby contributing to quality nursing care delivery within the Infant Health and Maternal Health spectrum.

The project has resulted in the following:

- Improved mother & child care as a result of repeated effective trainings with demonstration on vital procedures involved in mother and child care, follow up and referral and follow up of patients.
- Timely provision of treatment and post treatment care to the patients.
- Early referrals to higher centres as quick identifications of warning signs are practiced by nurses.



PROJECT WITH EICHER GROUP FOUNDATION

PROJECT RMNCH & STRENGTHENING OF 5 PHCs

EKAM and EGF [Eicher Group Foundation]

have joined hands to serve the community in alignment with the aim to improve the status of maternal and child health within the four villages **Sennakuppam, Nattarasampattu, Vallam and Valayakaranai** of Kancheepuram in Tamilnadu ,for the period June 2018 to May 2020.

Programme highlights:

- 26 medical camps conducted, 584 children screened, 54 children referred.
- Support provided to 8 children; one child provided repeat support 6 times.
- 10 training spells conducted, 508 trained.
- 9 FGDs complete, 102 surveys conducted.
- Chengalpet Medical College Hospital [CMCH] had been provided with
- 15 Newborn warmers; 1 Ventilator; 1 Laminar Flow Unit; 6 Pulse Oximeter; 4 CPAP Machine; 1 Mobile X Ray Unit; 1 Pulse Oximeter; 1 Oxygen Concentrator.

PROMOTING EARLY REFERRALS:



Early identification and referral is needed to ensure correct treatment at the right time to needy children. Ekam conducted 26 medical camps with the support of doctors from Saveetha Medical College and Radhatri Nethralaya. In all, 584 children were screened.

54 of them were referred for further investigations. Out of these, two were treated directly through Eicher Funding and twelve were treated by sourcing funding from external sources. Two types of camps were conducted: General Camps and Retinopathy of Prematurity Camps. In addition, referrals were received from the community and through the Ekam network.

IMMEDIATE MEDICAL SUPPORT

From June 2018- March 2019, of the 27 cases referred to Ekam, 13 were supported through the Eicher program funding. In addition, Ekam also facilitated treatment support for 14 children from other funders like RadhatriNethralaya.



YOUTH AND COMMUNITY MOBILIZATION

Ekam regularly conducts awareness programs on Maternal Child Health, Kitchen Gardening and awareness of Government Schemes. 508 people were made aware of various issues related to these broad topics. Ekam also worked with expectant women and new mothers

FOLLOW UP AND TRACKING OF HIGH-RISK NEW-BORNS

All babies admitted at the Neonatal Intensive Care Unit (NICU) need to be screened to determine whether they are at risk for any developmental delays. From Jun 2018 to Mar 2019, we reached out to 311 babies.

Baseline Assessment

We conducted a baseline assessment to gain an understanding of issues that affect maternal and child health in four panchayats. Our team also conducted one-to-one survey with 102 women in the selected program areas. The women were divided into two groups [Antenatal Care and Post Natal]. The main objective of this survey was to understand the knowledge, attitude, behaviour and practices of pregnant women during their period of pregnancy and of women who have children under the age of five years. 11 hamlets were covered as part of this program.

Follow up and tracking of high-risk new-borns

All babies admitted at the Neonatal Intensive Care Unit (NICU) need to be screened to determine whether they are at risk for any developmental delays. From Jun 2018 to Mar 2019, we reached out to 311 babies.

Counselling mothers in the obstetric and paediatric wards

In order to ensure that the mothers are equipped with the knowledge that they require to take care of themselves and their children, Ekam provided them with counselling during discharge. Awareness programs were conducted on breastfeeding, post-surgery care, kangaroo mother care and nutritional intake post pregnancy. From Jun 2018 to Mar 2019, 222 women were counselled.

Hospital Upgradation

During the baseline assessment, it was reported that there is a serious dearth of life saving equipment within Pediatric, Newborn and Obstetric units. In this regard, Ekam decided to procure life saving, critical medical equipment for the wards. Medical equipment worth Rs 38,79,930 from Eicher was donated to the Pediatric and Obstetric Ward Units at Chengalpattu Medical College in the month of March, 2019.



Press Release:

On 14th March 2019, the Royal Enfield and Eicher team visited Chengalpattu Medical College and distributed the aforementioned equipment to the Newborn and Paediatric departments. Mr Sekar, head of CSR was accompanied by Mr Alex from Eicher. Dr Sathya Jagannathan, HOD Pediatrics conveyed the welcome speech. Dr. Usha Sathasivam, Dean of Chengalapattu medical college and hospital presided over the day and inaugurated the function and the equipment. A press statement was released in three websites.

STORIES FROM THE GROUND

CHITRA'S LITTLE GIRL

Ms. Chithra delivered a female child, prematurely, at Chengalpattu Medical College. The baby had multiple health complications at birth including a collapsed lung. The team from the Department of Neonatology decided to treat the child under HDU (High-dependency unit) and the total cost of the treatment was estimated at Rs. 75,424/- Adhikesavan, child's father, works as a house keeper in a private concern. Being a sole earning member, he was unable to afford the treatment. Dr Sathya, Head of Department - Neonatology, Government Chengalpattu Government Medical College referred the child to Ekam to support for the treatment.

Ekam undertook the complete treatment cost. The child was discharged after treatment. She is now growing into a lovely and healthy child.



THE STORY OF VAISHU

Velusamy and Vincy from Kothagiri, Nilgiris district, work as daily wagers in a tea estate. Their elder daughter Vaishu who is about seven years old was diagnosed with Dilated Cardiomyopathy from birth and Coarctation Of Aorta. They consulted doctors at private facilities; the experts advised heart transplant at an estimated cost of around Rs.20,00,000/-

The family was helpless and did not know who to approach for financial support. Realising their situation, a doctor who knew about Ekam's 'Save A Child' programme, connected them to us for financial assistance. With the help of our District Coordinator Vaishu's family was referred to Fortis Malar Hospital, where the specialist, Dr. V. K. Swamy, suggested an alternative procedure i.e., Balloon Angioplasty of Coarctation of Aorta, which they carried out. Vaishu's condition improved considerably and she now leads the life of a normal, healthy child.

We are very grateful to the medical team at Fortis Malar Hospital for carrying out necessary and alternative procedures for underprivileged children for free or at a very low cost.



Kanchi Kamakoti Childs Trust Hospital

FREE SURGICAL CAMP BENEFICIARIES



Ekam would like to offer its heartfelt thanks to the management of KKCTH who spent around Rs. 11,00,000/- on the surgeries of the needy children referred to them by Ekam. These include the



1. Resection of Chaotic Lipoma of Amrutha Hasini; a Surgical correction of Split Cord Malformation of baby Saritha;

2. Tethered cord release + PVCR and Kyphosis correction on baby Sivashankari for treatment for Lumbar kyphosis L3 level with spina bifida;

3. surgery of Anushpriya suffering from Congenital Adrenal Hyperplasia; surgical correction of Dhanasri who had L2 Hemivertebra with Right Scoliosis; or surgery for Obstetric Branchial Plexus Palsy right side with IR .

4. Abduction Contracture on baby Subasri.



The medical team performed the procedures with great care and all the children are doing well. The Ekam District Coordinators also deserve a special mention for the effort they put in identifying needy children and helping them get treated.



HOW YOU CAN SUPPORT US

DONATE NOW

Every rupee towards our work counts. Ekam's work over the last eight years has developed thanks to the unwavering support from countless individuals and key institutional donors who have partnered with us in our journey to transform lives.

Cheques in favour of Ekam Foundation

FULL NAME OF THE OPERATOR OF THE ACCOUNT

Ekam Foundation
16/19, 2nd floor,
Jayalakshmipuram 1st street,
Nungambakkam, Chennai- 600 034.

ONLINE TRANSFER

Name of the Bank : Kotak Mahindra Bank Ltd
Branch Address : Kodambakkam Branch, Sri Sai Building,
New No. 102, Old no 337, Arcot Road,
Kodambakkam, Chennai - 600024,
Tamilnadu.
Name of the Account : Ekam Foundation - General
Bank Account No : 6612094826
MICR Code of Branch : 600485006
IFSC Code of the Branch : KKBK0000466

FOREIGN DONATIONS

Name of the Bank : Kotak Mahindra Bank Ltd
Branch Address : Kodambakkam Branch, Sri Sai Building,
New No. 102, Old no 337,
Arcot Road, Kodambakkam,
Chennai - 600024. Tamil Nadu
Name of Account : Ekam Foundation - FCRA
Bank Account No : 6611898852
MICR Code of Branch : 600485006
IFSC Code of the Branch : KKBK0000466
SWIFT CODE : KKBKINBB

FOREIGN DONATIONS

USA : Chase Quick Pay/Online to Ekam Cheque/
Wire Transfer to Ekam USA.

USA ACCOUNT DETAILS

A/C Name : Ekam USA Inc
Bank : Chase
ABA No 021000021
A/C Number : 858110567
Routing number 065400137

Governance

BOARD OF TRUSTEES

Dr. SAILAKSHMI BALIJEPALLY - FOUNDER & MANAGING TRUSTEE



A paediatrician, Dr. Sailakshmi Balijepally works towards reducing child mortality among the most poor by raising their access to quality health care. To achieve this, she links communities, schools, universities, and public providers to public health care in order to build health awareness, enhance health-seeking behaviours and make care inclusive, accountable, and effective. Focusing on neonatal and paediatric care, Dr. Sai involves stakeholders such as local governments, educational institutions, and private providers to address the gaps in public health care. Taking a partnership approach Dr. Sai gained the trust of the government medical system by offering solutions to the biggest problems it is facing. By intervening from within the system and leveraging existing government budgets and schemes, Dr. Sai addresses major governance and management requirements. She is the Founder and Managing Trustee of the Organization. Dr. Sailakshmi is also the recipient of the "Nari Shakthi Puraskar" presented by His Excellency, the President of India in 2015

Mrs. HEMALATHA RAJAN - CHAIRMAN & TRUSTEE

A Finance professional with over 20 years of experience in Finance, Audit and Executive Search, she is the Managing Director of Ma Foi Educational Services. She holds a Bachelor's Degree in Commerce from the Nagpur University and earned an FCA degree prior to working as an Auditor.

Hemalatha Rajan is the co-founder of Ma Foi Management Consultants Limited and has played a pivotal role in building Ma Foi into an organization which works with passion, integrity, transparency and commitment. She is one of the founding members of Ekam.





Mr. AFZAL - TRUSTEE

He is an inspiring man with 35 years of experience in the Transport Industry. His vivid knowledge leads us to the Asia's first e-ticketing services. His foresight of the market trends and incredible business ethics has contributed many awards and laurels to the company. He has joined as a Trustee of Ekam Foundation in June 2018.

Board Meeting		
Date	Number of Trustees	Attendees
22 nd May' 2018	Mrs.HemalathaRajan	Mrs.HemalathaRajan
	Dr.SailakshmiBalijepalli	Dr.SailakshmiBalijepalli
	Mr.Muthukrishnan	Mr. Afzal
9 th October' 2018	Mrs.HemalathaRajan	Mrs.HemalathaRajan
	Dr.SailakshmiBalijepalli	Dr.SailakshmiBalijepalli
	Mr.Muthukrishnan	Mr. Afzal
12 th March' 2019	Mrs.HemalathaRajan	Mrs.HemalathaRajan
	Dr.SailakshmiBalijepalli	Dr.SailakshmiBalijepalli
	Mr.Muthukrishnan	Mr. Afzal
	Mrs.Vidhya Ilango	

Financial Statement 2018 - 19

PROJECTS - RECEIPTS & PAYMENTS

Description				
Project Sponsor	Name Of Project	Opening Balance	Add: Grant Received	Total (Rs.in Lakhs)
Chattisgarh Project				
National Health Mission - Chhattisgarh	Operationalization of 23 SNCU's	6.11	6.87	12.98
Unicef - Chhattisgarh	ISHA (Improving systems for Healthcare Availability)	(2.90)	75.45	72.55
Dantewada District Hospital	To Improve quality of healthcare provisions	0.08	179.04	179.12
Tamilnadu Projects				
THE RG MANUDHANE FOUNDATION	CAPACITY BUILDING AND TRAINING OF NURSE TRAINERS -	17.91	-	17.91
ROTARY CLUB OF MADRAS EAST	Health Awareness Training of Girls Adolescent	0.04	-	0.04
Export credit guarantee corp of India - Govt Hospitals Upgradation	Medical, Equipment and Skill lab Support	29.44	10.56	40.00
Synergy India	Survey of Teenage Project	0.01	-	0.01
Caritas India Ltd	Development with Dignity	(0.89)	4.29	3.40
GNS Foundation	Sustainable Well Being Initiative (SWBI)	4.50	-	4.50
Poorvika Foundation	Equipment Support - Govt Hospital	6.18	-	6.18
ROTARY CLUB OF MADRAS EAST	MATERNAL CHILD HEALTH AWARENESS TRAINING FOR	1.33	-	1.33
Coginzant Foundation	Equipment Support - Govt Hospital	0.18	-	0.18
Eicher Group Foundation	To Improve Maternal and Child health - Kanchipuram	-	81.14	81.14
ROTARY CLUB OF MADRAS EAST	EYE & EAR SCREENING CAMP FOR CHILDREN & HEALTH	-	0.30	0.30
ROTARY CLUB OF FRIEDRICHSHAFEN-	Equipment Support - Govt Hospital	-	7.54	7.54
Tata Trust - Alamelu Charitable Trust	Prayass - Feasibility studies (Gorakhpur)	-	1.13	1.13
The Hans Foundation	Medical - Social Audit (Hans Bal Arokiya karykram)	-	4.58	4.58
SUNDAR SERENDIPITY FOUNDATION	PROJECT OF MICRONUTRIENT FORTIFIED SALT	-	0.41	0.41
Total (A)		61.99	371.31	433.30
Mumbai Projects				
Tata Consultancy Services	Medical Support - Child Health	(0.40)	-	(0.40)
Goldman Sachs India Finance Ltd	School Health Programme	3.82	-	3.82
Goldman Sachs Securities P Ltd	School Health Programme	4.74	-	4.74
Goldman Sachs Services P Ltd	School Health Programme	4.27	-	4.27
Total (B)		12.43	-	12.43
FCRA Projects				
Goldman Sachs India P Ltd	School Health Programme	1.70	-	1.70
Coginzant Foundation - II	Equipment Support - Govt Hospital	-	42.33	42.33
Coginzant Foundation	Equipment Support - Govt Hospital	0.10	0.20	0.30
Charitable Aid Foundation American	Medical Support - Child Health	12.22	-	12.22
EKAM USA - Core Fund	Sustainable Well Being Initiative (SWBI)	-	3.45	3.45
EKAM USA - Fixed Deposit	Sustainable Well Being Initiative (SWBI)	-	3.58	3.58
EKAM USA - Gujarat Fund	Medical and Education for Children	-	1.38	1.38
EKAM USA - Mysore Hospital	Equipment Support - Govt Hospital	-	5.52	5.52
EKAM USA - SWBI	Sustainable Well Being Initiative (SWBI)	-	68.11	68.11
EKAM USA - EYA Villages	Ekam Youth Ambassadors	-	3.33	3.33
Total (C)		14.02	127.90	141.92
Total (A+B+C)		88.44	499.21	587.65

Less: Project Expenses								
Medical Support Expenses	Equipment Support	Nurses and DOC's Deployment	Training Programme	School Health Programme	Payroll & Administrative Expenses	Total (Rs.in Lakhs)	Closing Balance (Rs.in Lakhs)	
-	-	59.94	-	-	11.29	11.29	1.69	
-	-	137.37	-	-	-	59.94	12.61	
-	-	-	-	-	-	137.37	41.75	
-	-	9.63	4.62	-	3.66	17.91	-	
-	-	-	-	-	-	-	0.04	
16.93	0.42	-	-	-	12.55	29.90	10.10	
-	-	-	-	-	0.01	0.01	-	
-	-	-	2.39	-	-	2.39	1.01	
-	-	4.50	-	-	-	4.50	-	
-	-	-	-	-	-	-	6.18	
-	-	-	1.33	-	-	1.33	-	
-	-	-	-	-	-	-	0.18	
4.02	41.17	-	0.91	-	13.64	59.74	21.40	
-	-	-	0.30	-	-	0.30	-	
-	7.52	-	-	-	-	7.52	0.02	
-	-	-	1.00	-	-	1.00	0.13	
-	-	-	2.97	-	-	2.97	1.61	
-	-	-	0.38	-	-	0.38	0.03	
20.95	49.11	211.44	13.90	-	41.15	340.38	96.75	
-	-	-	-	0.58	-	0.58	-0.98	
-	-	-	-	1.90	-	1.90	1.92	
-	-	-	-	2.35	-	2.35	2.39	
-	-	-	-	2.13	-	2.13	2.14	
-	-	-	-	6.96	-	6.96	6.45	
-	-	-	-	-	-	-	-	
-	-	-	-	0.53	-	0.53	1.17	
-	-	-	-	-	-	-	42.33	
-	0.02	-	-	-	-	0.02	0.28	
12.19	-	-	-	-	-	12.19	0.03	
-	-	-	-	-	-	-	3.45	
-	-	-	-	-	-	-	3.58	
-	-	-	0.23	-	-	0.23	1.15	
-	5.21	-	-	-	-	5.21	0.31	
-	-	42.42	13.34	-	6.95	62.71	5.40	
-	-	-	-	1.57	-	1.57	1.76	
12.19	5.23	42.42	13.57	2.10	6.95	81.48	59.46	
33.14	54.34	253.86	27.47	9.06	48.10	428.82	162.66	

**CONSOLIDATED INCOME AND EXPENDITURE
ACCOUNT FOR THE YEAR ENDED
31 st MARCH 2019**

EXPENDITURE				INCOME			
TOTAL 2017-18			TOTAL 2018-19	TOTAL 2017-18			TOTAL 2018-19
	To Donation Expenses				By Donations		
98.94	Medical	101.03		55.90	Donations - Chennai	47.61	
50.15	Non-Medical	18.45		10.50	Donations - Mumbai	-	
19.40	Administrative Expenses	16.45		128.70	FCRA Donations- (See Note Below)	15.13	
168.49			135.93	195.11			62.74
458.02	" Project Grant Utilisation		347.34	460.74	" Project Grant Income		337.41
103.63	" FCRA Project Grant Utilisation		81.48	103.64	" FCRA Project Grant Income		82.50
601.34	" Govt Project Expenses		1,032.66	601.34	" Reimbursement - Govt Projects		1,032.66
1.18	" Rent		1.70	4.52	" Administrative income from Govt Projects		3.45
-	" Bad debts w/off		0.48	16.81	" Other Income		19.60
1.41	" Depreciation		1.79	9.40	" Sundry Creditors w/back		14.24
1.20	" Audit Fees		1.20	19.69	" Expenditure of earlier years reimbursed		
				66.26	" PF & ESI of earlier years reimbursed		
142.24	" Excess of Income over Expenditure trfd. To Capital Fund		-	-	" Excess of Expenditure over income trfd. To Capital Fund		49.97
1,477.51			1,602.57	1,477.51			1,602.57

**CONSOLIDATED BALANCE SHEET
AS ON 31ST MARCH 2019
(Based on audited results)**

	LIABILITIES	TOTAL		ASSETS	TOTAL
2017-18		2018-19	2017-18		2018-19
0.76	Capital Fund	0.76	4.98	Fixed Asset	5.66
96.78	Excess of Income over Expenditure	46.61			
88.45	Project Grant	162.66	28.09	Loans & Advances	16.88
23.75	Loans	20.75	67.93	Sundry Debtors	8.61
32.82	Sundry Creditors	3.79	0.55	Deposits	0.55
93.62	Outstanding Expenses	3.12	234.57	Balances at Bank	205.96
			0.06	Cash in Hand	0.03
336.18		237.69	336.18		237.69

KEY ADVISORY COMMITTEE AND TECHNICAL ADVISORS:

KEY ADVISORY COMMITTEE

Mr. B.G. Menon - Operations and Projects.
Mr. Ravindran - Finance and Accounts.
Mr. Tilak Shankar - Fundraising and Proposals.

TECHNICAL ADVISORS

Dr. Vasanth Nair - Paeditrician (National Medical Director)
Dr. Ezhilarasan - Paediatric Oncologist.
Dr. Sathya Jagannathan - Neonatologist.
Mr. Venkataraman - Medical Equipment Maintenance.

STATUTORY AUDITOR

M/s. Vepa & Co. - Chartered Accountants

CONTACT US

Head office - Tamilnadu:

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Nungambakkam, Chennai,
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Helpline: +91 9445922333

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Flat -8, 1st Floor, Premkunj, Civil Line,
Raipur, Chhattisgarh (INDIA) - 492001
Phone: (+91 07741)- 4910056
Email: spmcg@ekamoneness.org
Helpline:(+91) 7024246661

LEGAL DOCUMENTS

LEGAL DOCUMENT	REGISTERED DATE	REGISTRATION NUMBER	VALID UP TO
PAN	03/08/2009	AAATE3547N	LIFE TIME
TRUST DEED	03/08/2009	434/2009	LIFE TIME
12 AA	24/01/2011	DIT(E).NO.2(616)10-11	LIFE TIME
80G CERTIFICATE	28/03/2011	DIT(E).NO.2(616)10-11	LIFE TIME
FCRA	21/01/2015	75901403	21/01/2020
TAN	17/03/2012	CHEE05588C	LIFE TIME
PROFESSIONAL TAX	12/11/2014	09/110/PE02661	LIFE TIME
PROVIDENT FUND	01/03/2014	TN/MAS/85924	LIFE TIME
GST	13/08/2017	33AAATE3547N2ZK	LIFE TIME
ESI	01/03/2014	5.10011E+16	LIFE TIME

DETAILS OF EMPLOYEES AND CONSULTANTS OF THE ORGANISATION

1. Number of employees as per salary slab. Table below (for all full time/part – time/contract/ other staff) as on 31st March 2019.

Slab of gross salary (in Rs) plus benefits paid to staff (per month)	Female Staff	Male Staff	Total staff
100000 above	0	0	0
50000-100000	2	5	7
25000-50000	14	8	22
10000-25000	461	47	508
5000-10000		1	1
Less than 5000	0	0	0

2. Number of consultants as per salary slab. Table below (for all full time/part – time/contract/ other staff) as on 31st March 2019.

Total annual payments made to consultants (In Rs)	Number of consultants
Less than 5000	0
5,000 - 10,000	0
10,000 - 25,000	0
25,000 - 50,000	2
50,000 - 1,00,000	0

3. Staff remuneration in Rupees as on 31st March 2019.

	Name	Designation	Remuneration (in Rs.) [Gross yearly + benefits]
Operational Head of the organisation: (including honorarium):	<u>Dr.Sailakshmi.B</u>	Founder	15,00,000
Highest paid person in the organisation (staff or consultant):	Ms Neeta Nair	R&D Manager	9,00,000
Lowest paid person in the organisation (staff or consultant):	Arvind Pal	Office Assistant	1,18,800



Contact Us:

EKAM Foundation

**New no 16, Old no 19, 2nd floor, Jayalakshmipuram 1st Street,
Nungambakkam, Chennai, Tamil Nadu 600034.**

Phone: 044 42072785/094459 22333

