

Dedicated towards the
healthcare of **underprivileged**
children and mothers



Annual Report

2020 - 21

Our Vision

- Healthy and happy children, mothers and communities.

Our Mission

- To bring about an improvement in the health and well-being of the community, mother and child by working in the RMNCH+A [Reproductive, Maternal, Newborn, Child, and adolescent health] sector and
- Facilitating life-saving medical treatment to children needing support.
- Working with and contributing to an enhancement of service delivery within the Public Health System.
- Fostering healthy partnerships by encouraging a confluence of CCPP Community, Civil Society Organizations, Public and Private sector.
- Empowering communities and guiding their decision making.
- Building and sustaining a community culture and platform that supports, motivates and encourages people to adopt and maintain healthy lifestyle behaviours.

Our Presence



International
USA, UK , Canada

Domestic (India)
Tamil Nadu, Chhattisgarh,
Telangana, Karnataka , Nagaland

Founder's Message



Dear Friends of Ekam,

It is my pleasure and a special honour to reach out to you all once again to share the many joys and milestones of the Ekam family - in the year 2020.

Ekam now has spanned more than a decade's a divine journey; that has accumulated a wealth of learning and goodwill; along with friends and networks across geography and global outreach, Ekam continues to grow. Year gone by was once again dedicated towards serving with gratitude. Standing committed on our tag mission of a happy and healthy community, the year was dedicated to impart an all round cover of life savings, supporting medical resource points, empowering individuals and fill as many gaps related to the well being. Since the year also overlapped with the much unfortunate occurrence of COVID-19 pandemic, an exclusive series of operational initiatives were rolled out to contain the situation. A commendable supportive effort from our team, associates, friends, donors and volunteers marks the highlight for the year. Also this year, I would like to convey a sincere thanks to our USA wing who constantly supported our endeavours. Back at home in India, we are happy to see our long-term sponsors and donors are continuing their support and even offering to extend across states in India. We owe them our deepest gratitude. Every one of our donors, corporate sponsors and philanthropic foundations that extend support is important to us. And we thank them from the bottom of our hearts. Elsewhere in this report, you will find an indicative list of donors. We thank them all. It is with great joy that I share that our recent approach to the Ekam vision of building healthy communities through sustainable well-being is being widely accepted and backed by support, both from the State governments and independent organizations. Also this year, we are happy to share our successful advents to roll out an online academy - a digital platform to collaborate and share the knowledge of many across the globe with all those in the space of healthcare and well-being. Our team is growing too. We are happy to welcome more specialists into our dedicated Ekam family. Our vision in Oneness is firm. Our path is clear and progressive. With the abundant guidance and blessings of the Divine, we have miles to go and more to do. 2020 promises to be a committed journey of service.

Yours in Oneness,

With love,

Sai

2020 – 2021



SUSTAINABLE WELL-BEING INITIATIVE

Upgrading health and happiness quotient through dedicated activity sets.



COVID CARE

Rescue and logistics supply operations during pandemic for medical resource points and supporting the affected individuals.



DIRECT LIFE SAVING

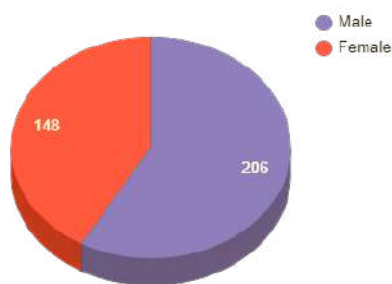
Hospitalisation and treatment support for underprivileged children.

SAVE A CHILD

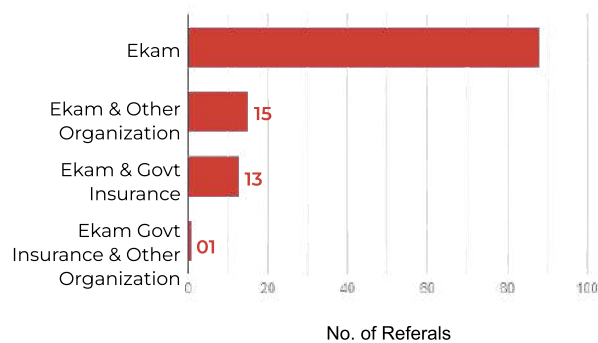
EKAM Foundation stands on an established repute of implementing a successful protocol of saving lives. Our field representatives identify the individuals who are in need of medical intervention. Irrespective of the complication involved, the paediatric patient is immediately given a follow up cover for the required medical intervention. Be it hospitalisation support, medicines, surgery, outreach etc, our team makes sure that lives are saved with utmost efficiency with full support on its way. Everything gets executed through a state of the art helpline infrastructure which is operational round the clock in Tamil Nadu (INDIA).

IDENTIFYING, LINKING, AND ADDRESSING LIFE SAVING MEDICAL NEEDS

TOTAL - 354



TYPES OF SUPPORT REQUESTED



DISEASE CATEGORY



Supported by



SAVE A CHILD



Master. Jason, 9 years old boy hails from Tiruvallur District. He had been diagnosed with Pulmonary Atresia/ VSD/ MAPCAs, Laryngotracheal Stenosis on tracheostomy, Recent brain abscess is treated. He got admitted at MIOT Hospital, where the medical team had planned for Cardiac Catheterization procedure followed by surgery, for which the parents had to spend Rs.30,000/-. The child's father, being a painter, was helpless to arrange the treatment amount. Realizing their poor situation, Ekam had supported sum of Rs. 20,000/- from the contribution made by the Abhayam team. After successful completion of the procedure, Jason got discharged from the hospital on 27.02.2020. He continues regular medications and follow up as advised by his treating doctor.



B/o. Lokeswari, 3 months old male child, hails from Chittoor District - Andhra Pradesh. He was suffered from Severe Respiratory Distress/ Subglottic Stenosis for which he got treated under ventilator for a period of 15 days at Kanchi Kamakoti Childs Trust Hospital - Chennai. The father of the child had to spend Rs. 5,50,000/- towards the medical expenses. Being a casual labour, he had arranged Rs. 4,80,000/- and he was helpless to arrange the remaining amount. Realizing their poor situation, one of our volunteer had referred the child to Ekam for seeking financial support. Considering their poor situation, Ekam had supported the remaining amount of Rs. 15,000/- from the contribution of Abhayam. On 23/09/2020 the child got discharged from the hospital and he is leading a happy and healthy life.



Yaswanth is a 17 years old boy who hails from Theni district, he had been diagnosed with Chronic Kidney Disease – Stage V. He is being treated at Krishnammal Memorial Hospital – Theni, where his treating doctor had advised to continue Hemodialysis twice a week. Being a single parent, his mother was helpless to arrange treatment cost. Realising their poor situation we had supported a sum of Rs.10,000/- from Abhayam team's contribution. He continues regular dialysis which will be continued for the next 4 months.

SUSTAINABLE WELL BEING INITIATIVE (SWBI)



We, at EKAM Foundation, have always strived to work and contribute towards enhancement of service delivery within the Public Health System, empowering communities and guide their decision making, build and sustain a community culture and platform that supports, motivates, and encourages people to adopt and maintain healthy lifestyle behaviour and foster healthy partnerships by encouraging a confluence of CCPP Community, Civil Society Organizations, Public and Private sector. Overall, we believe that by addressing keywords such as nutrition, livelihood, skill development, women empowerment, farmer upliftment, youth awareness, literacy etc, we can bring in a benefitting integrity for the entire system that shapes the overall health and happiness quotient.

SWBI / Ensure Early Identification

Medical camps are organised from time to time at various places for screening and identification of the community individuals who need medical intervention for any disease/ ailment. A fully dedicated medical intervention is imparted ranging from hospitalisation support to provision of medicine etc.

Screening Camps



Retinopathy of prematurity (ROP), is a disease of the eye affecting prematurely born babies generally having received neonatal intensive care, in which oxygen therapy is used due to the premature development in their lungs. We conducted 60 screening camps at SNCUs of “ Six ” for new-born with the support of Radhatri Nethralaya. In all, 1650 newborns were screened and 50 of them were referred for laser treatment and got treated successfully.

REFERRAL FOLLOW UP MEDICAL CAMP

And 4 Referrals Medical Camp Conducted, 272 Children were screened and 12 of them were referred further treatment and got treated successfully.



SWBI / Improving Community Awareness

Medical Awareness programs were conducted to Antenatal, Postnatal mothers, ICDS center workers, Self Help Group members, volunteers, school students, and the community. The topics covered during these programs were Maternal Health and Child Care, MNCH-Government Schemes, Importance of Dietary Diversity during ANC & PNC Periods, and MNCH Safety measures during COVID 19 pandemic.

IN ALL, 560 AWARENESS PROGRAMS (MCH) WERE CONDUCTED IN 38 DISTRICTS OF TAMIL NADU, 12633 WERE THE PARTICIPANTS.



Participants Details	No. Of Awareness Training Conducted	No. of Participants
ANC/PNC	355	6065
ICDS	34	1667
SHG MEMBERS	40	891
School Students	08	244
College Students	11	453
Communities	87	2812
Volunteers	23	501
Grand Total	560	12633

SWBI / Capacity Building – Kitchen Garden

One of the key focus areas is to set up kitchen gardens at educational institutions, ICDS centres, primary health centres, and all the government facilities utilizing the bare lands in the vicinity where the growing produce will be contributed towards community consumption itself. It's an opportunity for community individuals to understand the essence of food and nutrition too.

IN ALL 452 KITCHEN GARDENS HAVE BEEN IMPLEMENTED AT ICDS CENTERS, SCHOOLS, ANC HOME, AND PRIMARY HEALTH CENTERS ACROSS BLOCK NAME. 1703 PEOPLE WERE INVOLVED IN THIS INITIATIVE.

Before



After



Place	No of Kitchen Garden Implemented	No of Participants
ICDs	160	654
Schools	116	315
PHC/Hospital	74	264
Communities	102	470
Total	452	1703

SWBI / Livelihood Training



A sustainable livelihood is a sure must for the health and happiness quotient. EKAM Foundation has successfully intervened into situations where revival of livelihood opportunities or upgradation of working skills were needed on urgent basis.

DURING THE MONTH OF APRIL 2020 TO MARCH 2021, WE HAVE CONDUCTED 13 LIVELIHOOD TRAININGS IN WHICH 232 MEMBERS PARTICIPATED.

Participants Details	No of Farmers Training Conducted	No of Participants
SHG Members	06	72
Volunteers	07	160
Total	13	232

SWBI / Farmer's Training



The aim of the program is to train the farmers in natural farming, effects of pesticides and chemical fertilizer, conservation of water etc.

DURING THE MONTH OF APRIL 2020 TO MARCH 2021, WE HAVE CONDUCTED 13 TRAININGS IN WHICH 474 FARMERS PARTICIPATED.

Participants Details	No of Farmers Training Conducted	No of Participants
Farmers	13	474
Total	13	474

SWBI / Information Education & Communication

The aim of this initiative is to bring about a change in health behaviour of the people in such a manner that the harmful health practices are given up while good ones are reinforced.

DURING THE MONTH OF APRIL 2020 TO MARCH 2021, WE HAVE CONDUCTED 633 PROGRAMS AND REACHED OUT 22962 PEOPLE THROUGH THIS INITIATIVE BY PLAYING EDUCATIONAL, AWARENESS VIDEOS AND DISTRIBUTION OF MASKS TO ANTE-NATAL MOTHERS.



Participants Details	No. Of Awareness Training Conducted	No. of Participants
ANC/PNC	450	13287
ICDS	23	840
SHG MEMBERS	16	296
School Students	25	1331
College Students	08	480
Communities	128	6278
Grand Total	633	22962

The primary objective of this initiative is to sensitize District Coordinators about AYUSH dispensaries and their function.

Secondary objective of this initiative is to encourage the community to use AYUSH services by imparting knowledge about the facilities of AYUSH by the District Coordinators.

DURING THE MONTH OF APRIL 2020 TO MARCH 202, WE HAVE CONDUCTED 246 PROGRAMS AND REACHED OUT 10599 PEOPLE WAS PARTICIPATED THROUGH THIS INITIATIVE.



Place	No. Of AYUSH Awareness Training Conducted	No. of Participants
PHC	31	434
Hospital	00	00
SHG MEMBERS	04	87
School	01	30
College	00	00
Communities	210	10048
Grand Total	246	10599

SWBI / Solid Waste Management

- Improvement of Sanitations in Villages

Waste management is a vital requisite. To rehabilitate the safety and well-being of the environment, EKAM Foundation proposes to set up proper and systematic garbage collection and segregation procedures. It can also practice recycling or designate waste collection teams that would dispose of unusable garbage. EKAM is in line with the Village Health Sanitation and Nutrition Committee (VHSNC) which is one of the major initiatives under the National Rural Health Mission (NRHM) that conducted Solid Waste management and Improvement of Sanitation in Villages.

WE CONDUCTED 28 ACTIVITIES WHICH INCLUDE CLEANING OF THE VILLAGES. 358 PEOPLE WERE THE PARTICIPANTS IN THIS INITIATIVE.



Place	No. Of Cleaning Activities Conducted	No. of Participants
PHC	07	84
Hospital	04	113
ICDS	01	01
School	05	58
Communities	03	68
Grand Total	20	324

Place	No. Solid Waste Management Activities Conducted	No. of Participants
PHC	02	08
ICDS	00	00
School	02	19
College	00	00
Communities	04	07
Grand Total	08	34

SWBI / Change Management / Government Reforms / Social Audit Committee

Gram Sabha

The main goal of Grama Sabha is to facilitate the convergence of rural development programs of the state and central governments at the selected villages through village development plan (VDP) and other processes associated with panchayat governance. The meetings are conducted by the Panchayat Heads to address the problems in the community, listen to public opinion regarding the problem and involve them in decision making process. It intends to increase the community ownership among the people thus ensuring development and sustainability

TO HELP PROMOTE THE SKILLS OF LEADERSHIP, DELEGATION AND INCLUSION, 9 PROGRAM WERE CONDUCTED A TOTAL OF 237 PEOPLE HAVE PARTICIPATED AT GRAMA SABHA WHICH TOOK PLACE ACROSS DISTRICTS.



S. No	Activity Type	No. Of Activities	Participants Details				Total
			Volunteers	School	Colleges	Communities	
01	Gram Sabha	08	22	00	00	120	142
02	Change Management	01	00	00	00	95	95
Total		09	22	00	00	215	237

ADAPTATION AND CONTINUITY OF RMNCH+A SERVICES WITH SPECIAL FOCUS ON MATERNAL AND NEWBORN HEALTH SERVICES DURING COVID-19 IN TAMIL NADU.

The purpose of the project was to understand the critical gaps in continuity of non-COVID 19 essential maternal and child health services in the State and support the State Government by strengthening community-led approaches to maternal and child health, follow-up on postnatal visits by mothers, build capacities of health workers and community health volunteers and address knowledge gaps.

SUPPORTING POSTNATAL CARE & FOLLOW-UP CARE FOR SNCU-DISCHARGED BABIES

The project developed an app-based Mother and Infant Tracking System to strengthen existing maternal and child health tracking measures and to ensure that 'No Mother and Infant is left behind'.

SUPPORTING THE TAMIL NADU STATE IN DIGITAL OUTREACH FOR COVID-19 RESPONSE AND TO PROMOTE RMNCH+A CARE AMONG COMMUNITIES

The project focussed on developing a digital outreach strategy aimed at the welfare of pregnant women and children in communities, especially during COVID-19. The aim was to create messages that are easily accessible and useful to the target group.

PROVIDING HEALTHCARE ASSISTANCE TO PREGNANT WOMEN AND MOTHERS IN RELIEF CAMPS

Ekam identified and visited relief camps (where migrant workers were sheltered during pandemic) at regular intervals to ensure food and health service delivery (with strategic focus on pregnant women, mothers, women and children) and facilitate travel for migrant workers to return to their homes states.

BIRTH DOSE IMMUNISATION

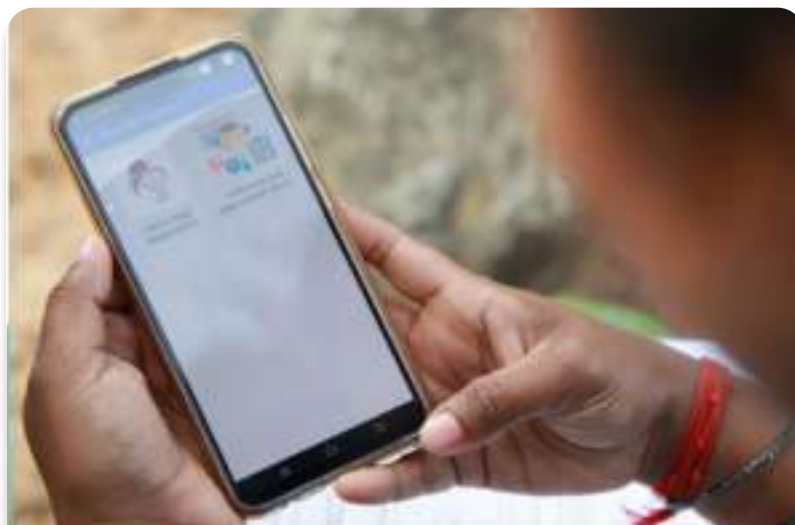
Through the developed app based tool, information on PNC and SNCU-discharged babies was retrieved with crucial insights on some of the gaps in birth dose immunization during the pandemic came to light, which were taken care by strategic task lines.

INFANT DEATH REPORTING

Few cases of infant death were recorded through the developed app tool. In its attempt to better understand the causes that led to the death, Ekam decided to further follow-up with these cases to get an in-depth understanding of the gaps and explore how these gaps can be addressed.

LIVELIHOOD SUPPORT IN TIMES OF PANDEMIC

Ekam Foundation teamed up with UNICEF to initiate an intervention focussed on creating and distributing masks. The idea was to train and create awareness among the Self-Help Group (SHG) women in making masks which would in turn provide them a livelihood option. Two batches of SHG women; one from Thiruvallur and one from Vyasarpadi attended the session headed by Mrs Jyothi Thoma.



Ekam's community health volunteers (CHVs), mostly nurses, were trained on the SNCU follow-up and intervention form with the use of mobile application to fill the information. Once logged in, the app provides the CHV the data pertaining to the mother and child.

Supported by



SUPPORT FROM HCL

The pandemic and lockdown restrictions have intensified prevalent socio-economic inequities, rendering women from the marginalized sections more vulnerable in these unusual circumstances. The lockdown measures, including social distancing norms and travelling restrictions, the financial constraints, fear of contracting the virus at facilities, have negatively impacted the health-seeking behavior among pregnant women and new mothers. In this context, HCL (as funding partner) and Ekam Foundation (as implementation partner) proposed a project to strengthen Maternal and Child Health Services for COVID positive and Post COVID mothers and children in RSRM hospital.



1. Establishing a Positive Ecosystem to facilitate Well-being of the Post COVID Mothers and Children, New Mothers, and Corona Warriors and other Healthcare providers.
2. Capacity strengthening at facility and community level to enhance knowledge and awareness on maternal and child care for COVID positive and Post COVID mothers and children.
3. Establishing a model Breast Feeding Counselling Center for the COVID-19 positive, Post COVID mothers and New mothers.
4. Establishing a support mechanism for COVID-19 positive and Post COVID maternal and child cases.
5. Upgradation of the Post COVID Maternity and Child Health Clinic and strengthening IEC on maternal and child care for COVID positive and Post COVID mothers and children.

Supported by

**ROYAL
ENFIELD**

SUPPORT FROM EICHER

EKAM and Eicher Group Foundation joined hands to serve the community in alignment with the aim to improve the status of maternal and child health within the four (4) villages Sennakuppam, Nattarasampattu, Vallam and Valayakaranai of Kancheepuram for the period of Apr 2020- Mar 2021.



LINE ASSESSMENT

Accomplished successful base and mid line assessment

RESPONSE TO COVID-19

Hospital COVID 19 safety kit and ICU equipment support provided to 4.

Medical College Hospitals and 27 Government Hospitals from 15 districts across Tamilnadu.

PROMOTING EARLY REFERRALS

33 medical camps conducted

686 babies screened

17 babies referred and treated

IMMEDIATE LIFE SAVING SUPPORT

Support provided to 59 children.

09 children were provided repeated support.

YOUTH AND COMMITTEE MOBILISATION

62 training spells conducted.

1086 mothers got benefitted.



SUPPORT TO COVID WARRIORS' FAMILIES

The project is about identifying the most eligible families of Covid warriors, mapping them to government benefits, need based support to skilling, education and women entrepreneurships as well as reaching out with hygiene kits. The project aims at creating avenues for value addition through social innovation at each stage, to ensure the long term sustainability, scalability and create a multiplier effect by improving living conditions, conservation of resources, and upliftment of the under privileged.

Through a targeted need assessment, we identified 1000+ families from marginalized communities who have been adversely impacted due to the ongoing pandemic, including those who have lost lives and/or those who are involved in COVID-19 response activities. Further to this, we mapped their needs to specific interventions to help them overcome the vulnerability & exposure induced through the COVID-19 pandemic. Overall the project has covered 1000+ individual beneficiaries.



300 FAMILIES RECEIVED COVID-19 RESPONSE KIT

Safety and Hygiene kit with washable masks, soaps, washing bars, toothpaste, etc to enable the practice of Covid preventive behaviours.

75 CHILDREN RECEIVED EDUCATION SUPPORT

Bridging gap of digital access to education. By providing students with Tabs, provision of internet to some meritorious students, & scholarship to ones in need.

1354 FAMILIES RECEIVED SOCIAL SECURITY COVERAGE

Benefits of government schemes for senior citizen, widows, women, disabled and, wage workers..

10 WOMEN MICRO-ENTERPRISES

Providing support and hand- holding for micro-enterprises such as a street vegetable cart, Idli Dosa batter centre, tailoring center, goat rearing, poultry rearing, etc..

40 YOUTH SKILL DEVELOPMENT

Special demand-based skill development to youths from identified families. 40 youth were trained & linked with placement offer with above INR 9500/M.



MEDICAL EQUIPMENT SUPPORT

Medical equipment was donated at 4 different locations.

BHOSUR SNCU (Distt : KRISHNAGIRI)

01 Pediatric neonatal ventilator

01 Bubble CPAP servo controlled humidifier, disposable patient circuit

THANJAVUR SNCU (Distt: THANJAVUR)

04 Bubble CPAP servo controlled humidifier, disposable patient circuit

03 LED Phototherapy

05 Pulse oximeter

PUDUKOTTAI SNCU (Distt: PUDUKOTTAI)

02 Bubble CPAP servo controlled humidifier, disposable patient circuit;

METTUR SNCU (Distt: SALEM)

01 Digital portable x-ray machine



Supported by

FICCO & CREDAI

CREATING LIVELIHOOD OPPORTUNITIES

EKAM Foundation liaised with Chengalpattu Medical College Hospital and Hand in Hand NGO for the project. And the project was officially launched on 23rd Feb'2021. Marginalized women from SHGs were imparted skill training in making KMC sling bags which will then be provided to the hospital. The intervention was thus building the local capacity and provided livelihood opportunities for these marginalized women in the community.



“Fifteen women from SHG were empowered through this skilling on sustainable livelihood and health and well-being around Chengalpattu district.

“At least 375 mothers, caregivers were facilitated to practice KMC using KMC sling bag.

Supported by

UPGRADING PRIMARY HEALTH CENTRE



EKAM Foundation received a supporting gesture from CII in the form of infrastructural upgradation and capacity building support. The project aimed to improve neonatal, infant, child and maternal health status by focusing on strengthening local Maternal and Child health care facilities [Government Health Care Unit- Block Primary Health Centre BPHC] at Kelambakkam, Chengalpattu District, and Tamil Nadu.

INFRASTRUCTURAL UPGRADATION



CAPACITY BUILDING



Supported by

MEDICAL EQUIPMENT SUPPORT



The Chengalpattu Medical College hospital (CMCH) has more than 10,000 deliveries per year and around 3000 Neonatal admissions. Out of this, around 40% of babies are Low Birth Weight (LBW) admissions. Every day 60-70 New-Born Babies are admitted in SNCU out of which 25-30 babies are born in hospital through maintaining asepsis. There was a need for wash and autoclave. EKAM foundation in partnership with Borg Warner supported medical equipment to CMCH.



EKAM foundation team had procured and provided the KMC chairs (10), Manual Breast Pumps (10), Geysers (2), Bed covers (140) to Sick & New Born Care Unit (SNCU) Chengalpattu Medical College Hospital (CMCH).

EDUCATION SUPPORT

Supported by
PSBB-K
Projects

In addition to providing health care services to the people in need, Ekam Foundation also focuses on strengthening the lives of children through education in collaboration with PSBB-K projects (a charity work initiated by a group of former students from Padma Seshadri Bala Bhavan Senior Secondary School, K.K. Nagar - 1992 batch). Ekam targeted college students from marginalized communities with education-related services. Students will receive education aid support based on their academic background and financial circumstances.



Chandirasekar

Qualification - B.B.A

Occupation - Nil

Amount Supported - Rs. 21,000/-

Student Chandirasekar hails from Chennai district, being a single parent, his mother works as a maid servant for a monthly income of Rs. 1000./- She was helpless to arrange her son's college fees, so he had approached Ekam to seek financial aid. So we had supported Rs. 21,000/- towards his final year college fees.

Qualification - MCA (I - Year)

Occupation - Nil

Amount Supported - Rs. 60,000/-

Student Geetha hails from Chennai district. She had undergone renal transplant in the year 2015, after she wished to continue her studies. Being a fruit vendor, her father was helpless to arrange the fees for her to afford her graduation course. Realising their poor situation, we had supported Rs. 60,000/- for her Under Graduation and Post Graduation course.



Geetha P

Supported by



DONATION OF MEDICAL SUPPLIES

As the COVID-19 pandemic made its way across the globe, and even well resourced health systems struggled with the availability of critical supplies needed to treat patients, the hospitals emerged with requests to solve the shortage of physical supplies. There was a serious need for items like Curtains, PPE equipments like Gloves, Face Masks, Oxygen Supply Fitting, Ventilators, Oxygen cylinders, Ventilatory circuits, etc., which could be useful for frontline health workers running low on critical items during this pandemic. To respond to the Covid-19 pandemic situation, Ekam Foundation helped hospitals and institutions to cope up with this crisis by donating safety kits to Government Hospital, Sanitary Workers and Community Health Workers with the support of our esteemed partners United Way of Mumbai and Coco-Cola Foundation.

GUJARAT

06 Government hospitals covered
7300 sanitation workers supported
2800 community health workers supported

TAMIL NADU

26 Districts of Tamil Nadu covered
09 Government hospitals covered
65 police chowkis covered
16 community health worker groups supported



MEDICAL EQUIPMENT SUPPORT

Cheluvamba Hospital in Mysuru was one of the recipients of our equipment support program, which was instrumental in reaching out to needy babies. Ekam Foundation has been associated with MMC GANA and MAA Trust for the project and we are thankful to them for the funding support for the neediest hospital in Karnataka.

We have donated 2 units of Ventilators and 2 units of Multi channel Monitor at Cheluvamba Hospital, Mysuru.



Provision of equipment to Government Hospitals is one of the vital ways through which Ekam Foundation reaches out to children/needy. The program is a cost-effective approach to address infrastructure gaps in hospitals, while positively impacting many lives. We arrange the procurement of high priority, life-saving and diagnostic medical equipment that empowers healthcare workers with the tools they need to effectively save lives and provide reliable care. **Niloufer Hospital, Hyderabad** was one of the recipients of our equipment support program, which was instrumental in reaching out to needy people.

We have donated 10 units of Phototherapy units to level 3 NICU, Niloufer Hospital through Ekam UK and North East Telugu Group (NETG)-UK. We are confident that this support will help hospital to serve more and more patients for best service.



EKAM OPERATIONS IN CHHATTISGARH

With the vision to improve the condition of infant care in the state, Ekam collaborated with the UNICEF (Chhattisgarh) and the National Health Mission for a project to upgrade Special Newborn Care Units (SNCU).

CASE STORIES

KANKER HOSPITAL – CHATTISGARH

Rajeshwari, 24 years old, has no underline Health condition when diagnosed with Covid-19 near her due date. She died half an hour after birth due to Obstetrics Complication (PPH) at Covid Hospital Kanker. The baby was referred from Covid hospital to SNCU in Kanker on 11.02.2021 and was LBW (1.820kg) with a delayed cry, meconium-stained, hypothermic, and had sepsis. It was kept under warmer given treatment and management. Day by day, the baby improved. All vitals started to become stable, and the child accepted feed well. Counseling was given on baby care & proper feeding techniques to his caregiver and relatives. It was ensured to make them confident to give care to the baby. The baby was discharged on 20.02.2021 weighing 1.850 kg. The baby had his first follow-up on 25.02.2021 and weighed 1.880 kg, with a weight gain of 30gms since discharge.



HIGHLIGHTS

318 nurses have been recruited

24 Medical Doctors have been recruited

10 Pediatricians have been recruited

25 Data Entry Operators (one in each SNCU) have been recruited.

01 Batch of **12** Staff Nurses have been trained in the financial year of **April 2020-March 2021**

Infection control practices have been improved with the help of Microbial Surveillance.

Supported by



MEDICAL EQUIPMENT SUPPORT

Provision of equipment to Government Hospitals is one of the vital ways through which Ekam Foundation reaches out to children/need. The program is a cost-effective approach to address infrastructure gaps in hospitals, while positively impacting many lives. We arrange the procurement of high priority, life-saving and diagnostic medical equipment that empowers healthcare workers with the tools they need to effectively save lives and provide reliable care.

Gandhi Hospital, Hyderabad was one of the recipients of our equipment support program, which was instrumental in reaching out to needy people

We have donated 10 units of Infant Radiant Warmers, 4 units of EDAN (f3) NST/ Feotal Monitor Machines and 30 units of SeCure fetal dopplers to Gandhi Hospital through Ekam USA, Gandhi Medical College Global Alliance and Gandhi Medical College Alumni Association. We are confident that this support will help the hospital to serve more and more patients for best service.



Nizam's Institute of Medical Sciences (NIMS) was one of the recipients of our equipment support program, which was instrumental in reaching out to needy babies. We have donated 11 units of ICU Monitors to NIMS through Ekam USA and our donor Dr. Amulya Konda's support and we are confident that this support will help the hospital to serve more and more patients for best service.



EKAM COVID CARE SUPPORTING COMMUNITY DURING PANDEMIC

With contributory support from various organisations, EKAM Foundation stood on an exclusive initiative during Covid-19 pandemic to serve and support the community.

Funding Partner	District / State	Location	List of Supported Hospital & Police Stations
Eicher Foundation	15	Tamilnadu	27 Govt. Hospitals
Cognizant Foundation	03	Tamilnadu	05 Govt. Hospitals
Give India	02	Tamilnadu	03 Govt. Hospitals
United Way Of Mumbai	01	Tamilnadu	01 Govt. Hospitals
Individual Donors	10	Tamilnadu	10 Govt. Hospitals
Indian Association Of Paediatrics	01	Tamilnadu	02 Govt. Hospitals
United Way Of Mumbai	Tamilnadu	Tamilnadu	9 Govt. Hospitals, 65 Police Stations, 16 Community health worker groups

COVID CARE INITIATIVES OF EKAM

With contributory support from various organisations, EKAM Foundation stood on an exclusive initiative during Covid-19 pandemic to serve and support the community.

MEDICAL CONSUMABLES DONATED



3ply Mask

181869



N95 Mask

35284



PPE Kit

29862



Hand Sanitizer

5202 Lts.



Sanitizer Dispenser

231



Hand Wash

1900 Lts.



Multipurpose Cleaner

2400 Lts.



Thermometer

120



Face Shields

1750



Hand Gloves Disposable
(Pack of 100 Pairs)

6825



MEDICAL EQUIPMENTS DONATED

List of Equipment	TN
Ventilator	25
Pulse Oximeter	31
Ventilator Circuit	320
Stethoscopes	25
Closed Suction Apparatus	54
ICU cot	34



GROCERIES PROVIDED TO VULNERABLE FAMILIES

S.No	Districts	No of Families Covered
01	Chennai	173
02	Salem	72
03	Erode	80
04	Dindigul	25
05	Thiruvarur	09
06	Pudukottai	06
07	Thanjavur	07
08	Theni	07
09	Tuticorin	32
10	Trichy	11
11	Cuddalore	06
12	Tiruppur	13
13	Coimbatore	20
14	Kallakuruchi	10
15	Virudhunagar	05
	Total	476



LIVELIHOOD INTERVENTION (MASK MAKING SUPPORT)

S.No	Details	Total
01	Mask Stitching Completed	24000
02	SHG Members Participated (11 Dist.)	92
03	Distributed	24000



Financial Statement 2020 – 2021

EKAM FOUNDATION

PROJECTS - RECEIPTS & PAYMENTS

Chhattisgarh & Nagaland Project

Description

Project Sponsor	Name Of Project	Opening Balance	Add: Grant Received	Total (Rs.in Lakhs)
National Health Mission - Chhattisgarh	Operationalization of 23 SNCU's and 149 NBSU	0.08	50.79	50.87
Unicef - Chhattisgarh	ISHA (Improving systems for Healthcare Availability)	(2.99)	72.61	69.62
Dantewada District Hospital	To Improve quality of healthcare provisions	17.95	23.90	41.85
Nagaland - Kiphire Dist Project (Govt Undertaken)	Education Support	(2.28)	9.75	7.47
		12.76	157.05	169.81

Less: Project Expenses

Medical Support Expenses	Equipment Support	Project Expenses	Covid 19	Administrative Expenses	Total (Rs.in Lakhs)	Closing Balance (Rs.in Lakhs)
--				44.90	44.90	5.97
	--	68.32		1.20	69.52	0.10
		40.00		1.85	41.85	-0.00
		--				7.47
--	--	108.32	--	47.95	156.27	13.54

Tamil Nadu Projects

Description

Project Sponsor	Name Of Project	Opening Balance	Add: Grant Received	Total (Rs.in Lakhs)
Cognizant foundation - Covid 19	Covid 19	14.91	399.58	414.49
Eicher Group Foundation - Covid 19	Covid 19	35.66	451.38	487.04
ROTARY CLUB OF MADRAS EAST	Health Awareness Training of Adolescent Girls	0.66		0.06
Export credit guarantee corpn of India - Govt Hospitals Upgradation	Medical Equipment & Skill lab support	2.41		2.41
Chennai Wilington Corporate Foundation	Equipment Support - Govt. Hospital	1.12	7.95	9.07
Robert Bosch Engineering & Business Solutions Pvt. LTD.	SWBI	--	174.22	174.22
Indian Oil Corporation	SWBI - Livelihood, setting up kitchen garden and solid waste management	0.32		0.32
Poorvika Foundation	Equipment Support - Govt. Hospital	6.18		6.18
Srinivasan Services Trust (TVS)	SWBI	1.60		1.60
Cognizant Foundation	Equipment Support - Govt. Hospital	0.18	0.45	0.63
Unitedway - Mumbai	Covid 19	0.04	14.34	14.30
Borgwarner Chengalpet	Skill Training	--	1.00	1.00
United Way (Oragadam Project)	Medical & Equipment Support	--	3.30	3.30
Dafedar Distributors	Covid 19	--	8.22	8.22
Give Foundation	Medical & Covid	--	99.74	99.74
UNICEF - TamilNadu	Covid 19	--	64.49	64.49
Kelambakkam - CII	Training	--	2.42	2.42
HCL Foundations	Covid 19	--	--	--
Total (A)		77.44	1384.14	1459.30

Less: Project Expenses

Medical Support Expenses	Equipment Support	Project Expenses	Covid 19	Administrative Expenses	Total (Rs.in Lakhs)	Closing Balance (Rs.in Lakhs)
			396.11	8.17	404.28	10.21
			438.45	14.10	484.99	2.05
		32.44			0.06	-
		0.06		2.24	2.24	0.17
	9.07				9.07	-
			113.59	12.31	125.90	48.32
		0.32			0.32	-
	0.28				0.28	5.90
		1.60			1.60	-
					-	0.63
			14.08		14.08	0.22
			8.22		0.92	0.08
		1.36		0.27	1.63	1.67
					8.22	-
			95.38	4.26	99.64	0.10
		57.28		4.20	61.48	3.01
		4.40			4.40	-1.98
		0.97			0.97	-0.97
Total (A)	77.44	9.35	206.75	93.50	1,376.35	1459.30

Mumbai Projects

Description

Project Sponsor	Name Of Project	Opening Balance	Add: Grant Received	Total (Rs.in Lakhs)
Goldman Sachs India Finance Ltd	School Health Programme	1.92	--	1.92
Goldman Sachs Services P Ltd	School Health Programme	2.39	--	2.39
Goldman Sachs Services P Ltd	School Health Programme	2.14	--	2.14
		6.45	--	6.45

Less: Project Expenses

Medical Support Expenses	Equipment Support	Project Expenses	Covid 19	Administrative Expenses	Total (Rs. in Lakhs)	Closing Balance (Rs. in Lakhs)
--				--	--	1.92
	--	--		--	--	2.39
		--		--	--	2.14
--	--	--	--	--	--	6.45

FCRA Projects

Description

Project Sponsor	Name Of Project	Opening Balance	Add: Grant Received	Total (Rs.in Lakhs)
Goldman Sachs India Pvt. Ltd.	School Health Program	1.15		1.15
Give Foundation	Medical and Covid 19	--	47.75	47.75
Cognizant Foundation	Hospital	0.05		0.05
EKAM UK - Niloufer Hospital	Covid 19	--	3.44	3.44
United Way	Covid 19	--	418.82	418.82
Western Union - CCD		0.70		0.70
Aid India Foundation	Medical Support - Child Health	0.03		0.03
EKAM USA - Core Fund	Sustainable Well Being Initiative (SWBI)	20.60	13.85	34.45
EKAM USA - Fixed Deposit	Sustainable Well Being Initiative (SWBI)	3.58		3.58
EKAM USA - Gujarat Fund	Medical and Education for Children	1.15		1.15
EKAM USA - Mysore Hospital	Equipments Support - Govt. Hospital	0.17		0.17
Mysore Medical College Trust - California	Equipments Support - Govt. Hospital	6.48	179.56	186.04
EKAM USA - BSRVR	Sustainable Well Being Initiative (SWBI)	5.38		5.38
EKAM USA - NIMS Hospital (Covid 19)	Covid 19		14.10	14.10
EKAM USA - Gandhi Hospital (Covid 19)	Covid 19		10.82	10.82
EKAM USA - Gujarat Artisit (Covid 19)	Covid 19		9.27	9.27
EKAM USA - Mumbai Hospital (Covid 19)	Covid 19		2.21	2.21
EKAM USA - SWBI (Covid 19)	Sustainable Well Being Initiative (SWBI)	(1.60)	101.89	100.29
EKAM USA - EYA Villages	EKAM Youth Ambassadors	0.59	18.00	18.59
Paypal		1.97		1.97
Total (C)		40.25	819.71	859.96

Less: Project Expenses

Medical Support Expenses	Equipment Support	Project Expenses	Covid 19	Administrative Expenses	Total (Rs.in Lakhs)	Closing Balance (Rs.in Lakhs)
						1.15
			36.52	0.53	37.05	10.70
				0.05	0.05	
			3.34		3.34	0.10
			400.80	18.02	418.82	0
		0.70			0.70	
				0.03	0.03	
						34.45
						3.58
						1.15
						0.17
	36.73			0.88	37.61	148.43
		5.38			5.38	--
			7.10		7.10	7.00
			10.43		10.43	0.39
			9.00	0.27	9.27	--
			2.21		2.21	--
		66.25	2.72	9.75	78.72	21.57
		7.02			7.02	11.57
		1.97			1.97	
Total (C)	36.73	81.32	472.12	29.53	619.70	240.26

Financial Statement 2020 – 2021

EKAM FOUNDATION

CONSOLIDATED INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2021

INCOME

Total 2019 - 2020	By Donation	Total 2020- 2021 (Rs.in Lakhs)
59.75	Donations - Chennai	87.37
		50.87
16.66	FCRA Donations	35.66
		69.62
76.41		17.95
		123.03
-		(2.28)
		-
566.95	By Project Grant Income	1885.70
-	By FCRA Project Grant Income	-
710.21	By Reimbursement - Govt Projects	-
2.49	By Administrative income from Govt Projects	-
8.33	By other income	13.88
2.39	By sundry creditors w/back	13.88
-		
-		
9.50	By Excess of expenditure over income trfd. To capital fund	
1,376.28		2,023.20

Financial Statement 2020 – 2021

EKAM FOUNDATION

CONSOLIDATED INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2021

EXPENDITURE

Total 2019 - 2020	By Donation	Total 2020- 2021 (Rs.in Lakhs)
48.06	Medical & Covid Support	556.30
11.33	Non - Medical	3.36
16.60	Administrative Expenses	123.04
75.99		682.70
		-
578.83	By Project Grant Utilisation	1310.96
710.21	By Govt Projects Expenses	-
0.37	By Rent	-
8.61	By Bad debts w/off	-
2.02	By Depreciation	2.02
0.25	By Audit fees	1.10
-	By Other Admin Expenses General	9.08
--	By Excess of income over income trfd. To capital fund	17.34
1,376.28		2,023.20

Financial Statement 2020 – 2021

EKAM FOUNDATION

CONSOLIDATED BALANCE SHEET AS AT 31ST MARCH 2021

(Based on audited results)

2019-2020	LIABILITIES	Total 2020 - 2021
37.87	CORPUS FUND	55.21
131.44	PROJECT GRANT	333.39
8.75	LOANS	0.00
5.59	SUNDRY CREDITORS	4.36
1.79	OUTSTANDING EXPENSES	19.16
185.44		412.12

2019-2020	ASSETS	Total 2020 - 2021
5.95	FIXED ASSETS	5.84
22.52	LOANS & ADVANCES	105.72
0.00	SUNDRY DEBTORS	0.00
26.38	DEPOSITS	0.55
130.58	BALANCES AT BANK	299.99
0.01	CASH IN HAND	0.02
185.44		412.12

Financial Statement 2020 – 2021

EKAM FOUNDATION

COMPUTATION OF INCOME UTILISED FOR CHARITABLE PURPOSE

Asst Year - 2021-22

P.A.NO.AAATE3547N

INCOME FROM OTHER SOURCES

Gross Income as per Income and Expenditure Account			
	Donation received	1,23,03,780	
	Project Grant Income	18,85,70,872	
	Other Income	13,87,814	
	Sundry Creditors w/back	58,500	20,23,20,966
LESS:	Amount of Expenditure as per Income and Expenditure Account	20,03,84,889	
ADD :	Fixed Assets purchased during the year	1,91,705	20,05,76,594
			17,44,372
LESS :	Amount excess utilised in year ended 31.03.2019		17,44,372
	Taxable Income		NIL
	Tax thereon		NIL

Calculation of Admin Cost India Donation

	For Chennai Fund		As per IT -Admin@15%	Spent Adm Exp	Spent Adm Exp @ %
Donation Received	87,38,510	75,98,704	11,39,806		
Project Grant Received	12,66,17,796	11,01,02,431	1,65,15,365	93,50,165	7%
Total Fund Received	13,53,56,306	11,77,01,136	1,76,55,170	93,50,165	
	For FCRA Fund		As per FCRA -Admin@20%	Spent Adm Exp	Spent Adm Exp @ %
Donation Received	35,65,648	29,71,373	5,94,275		
Project Grant Received	6,19,53,076	5,16,27,563	1,03,25,513	29,53,344	5%
Total Fund Received	6,55,18,724	5,45,98,937	1,09,19,787	29,53,344	
	20,08,75,030	17,23,00,072	2,85,74,958	1,23,03,509	



Together we progress

Our bold ambition builds on decades of experience of bringing healthcare professionals, governments, communities, civil society, businesses and donors together to achieve lasting change in the lives of mothers and infants.

We believe this is the only way that we can inspire real progress and breakthroughs in the sphere of maternal and child health.

Telengana

Phone: (+91) 9030984741
Email: info@ekamoneness.org

Tamil Nadu

Phone: +91 44 42072785
Email: info@ekamoneness.org
Helpline: +91 9445922333

Chhattisgarh

Phone: (+91 07741)- 4910056
Email: spmcg@ekamoneness.org
Helpline: (+91) 7024246661

Karnataka

Phone: (+91) 9030984741
Email: info@ekamoneness.org

UK

Mr Vaikuntanath Kakarla
Phone: (+44) 7977290782
Email: vaikuntanath@yahoo.co.uk

CANADA

Dr Rama Koneru
Phone: (+1) 647 9871385
Email: krama5@hotmail.com
ekamcanada.org

USA

Dr Neelima Reddy
Phone: (+1) 225 953 0414
Email: neelima_greddy@yahoo.com/
neelima@ekamusa.org